



CRICH JUNIOR SCHOOL

RELATIONSHIPS EDUCATION including SEX EDUCATION POLICY

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| Signed (Chair of Governors): | |
| Signed (Headteacher): | |

Crich Junior School

Relationship Education including Sex Education (REincSE)

This policy was developed in response to Relationship Education Guidance DfES 2019 alongside the PSHE Association guidance and has been developed in line with the needs of our school community. Other related policies and documents include: Science Policy, PSHE and Citizenship Policy, RE Policy, Anti-Bullying Policy, Drug Education Policy, Safeguarding Children Policy and Promoting race Equality Policy.

The Consultation Process has involved:

- Review of SRE curriculum content with all staff
- PSHE and SRE subject leader and KS2 staff
- Consultation with school governors
- Overview provided for all Parents to provide feedback prior to implementation (In light of the restrictions during Covid 19, the planned consultation workshop in March 2020 was cancelled and the Programme and Policy therefore provided for Parents to view and feedback online - June 2020)

What Is Relationship Education including Sex Education? (REincSE)

REincSE is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Effective Relationship Education including Sex Education can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being.

Aims

Our aim in providing Relationships Education including Sex Education is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our REincSE programme aims to prepare pupils for an adult life in which they can:

Develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want.

We also aim to inform children of the growth and changes that can happen during puberty, before they go through the process personally. This allows the children to be fully informed of the changes happening in their body to ensure they are prepared and comfortable.

Principles and Values

In addition Crich Junior School believes that our Relationship Education including Sex Education programme should:

- Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.
- Be an entitlement for all young people.
- Encourage every pupil to contribute to make our community and aims to support each individual as they grow and learn.
- Reflect our wider school context and support family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches.
- Encourage students and teachers to share and respect each other's views. We are aware of different approaches to sexual orientation, without promotion of any particular family structure. The important values are love, respect and care for each other.
- Generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.
- Recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and students, consulting them about the content of programmes.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.

Relationship Education including Sex Education in our school has three main elements:

Attitudes and Values

- Learning the importance of values, individual conscience and moral choices;
- Learning the value of family life, stable and loving relationships, and marriage;
- Learning about the nurture of children;
- Learning the value of respect, love and care;
- Exploring, considering and understanding moral dilemmas;
- Developing critical thinking as part of decision-making
- Challenging myths, misconceptions and false assumptions about normal behaviour.

Personal and Social Skills

- Learning to manage emotions and relationships confidently and sensitively;
- Developing self-respect and empathy for others;
- Learning to make choices with an absence of prejudice;
- Developing an appreciation of the consequences of choices made;
- Managing conflict;
- Empower pupils with the skills to be able to avoid inappropriate pressures or advances (both as exploited or exploiter)

Knowledge and Understanding

- Learning and understanding physical development at appropriate stages;
- Understanding human sexuality, reproduction, sexual health, emotions and relationships;
- Learning the legal age for sexual activity (age 16 years).

Organisation and Content of Relationship Education including Sex Education

At Crich Junior School we specifically deliver this programme alongside the PSHE Association framework. We use a teaching resource called 'Clued up for growing up', which enables us to ensure we are meeting the needs of the children and supports teachers with content. This resource also supports staff to teach appropriate content according to age/maturity.

In Key Stage 2 pupils will learn to express their opinions about relationships and bullying and to listen to and support others, including respecting other people's viewpoints and beliefs. They learn to recognise their own worth and identify positive things about themselves and try to balance the stresses in life in order to promote their own mental health and well-being of others. Life processes are discussed including the physical changes that take place at puberty, why they happen and how to manage them.

Much of the Relationship Education including Sex Education programme at Hawley Primary School takes place with specific lessons throughout KS2. REincSE lessons are set within the wider context of the PSHE curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also included. See Appendix for breakdown of Year Group content.

Any Relationship Education including Sex Education lesson may consider questions or issues that some children may find sensitive. Before embarking on these lessons ground rules are established which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson. When pupils ask questions, we aim to answer them honestly, within the ground rules established at the start of the sessions. When it is felt that answering a specific question would involve information at a level inappropriate to the development of the rest of the children, the question may be dealt with individually at another time. Parents are also made aware at the beginning of Key Stage Two of the content in which is being taught through the REincSE programme. This ensures they are fully equipped to answer any questions at home which may arise after a lesson at school.

Support is offered to teachers by the PSHE co-ordinator and external agencies who will help with planning or delivery of lessons if required.

Inclusion

Ethnic and Cultural Groups

We intend our policy to be sensitive to the needs of different ethnic groups. For some young people it is not culturally appropriate for them to be taught particular items in mixed groups. We will respond to parental requests and concerns.

Pupils with Special Needs

We will ensure that all young people receive Relationship Education including Sex Education, and we will offer provision appropriate to the particular needs of all our pupils, taking specialist advice where necessary.

Sexual Identity and Sexual Orientation

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support with their understanding as appropriate.

Right of Withdrawal of Pupils from Relationship Education including Sex Education

Some parents prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their child from some parts of the REincSE programme except for those included in the statutory National Curriculum. Alternative arrangements will be made in such cases. Parents are encouraged to discuss their decisions with staff at the earliest opportunity. Parents are welcome to review any REincSE resources the school uses.

Confidentiality, Controversial and Sensitive Issues

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned. If this person believes that the child is at risk or in danger, she/he will talk to the named Designated Safeguarding Lead before any further action or decisions are made.

The child concerned will be informed as appropriate that confidentiality is being broken and reasons why. The child will be supported by the teacher throughout the process.

Staff are aware that views around Relationships Education including Sex Education related issues are varied. However, while personal views are respected, all REincSE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others that may have a different opinion.

Dealing with Questions

Both formal and informal REincSE arising from pupil's questions are answered according to the age and maturity of the pupil concerned. Questions do not have to be answered directly and can be addressed individually later. The school believes that individual teachers must use their skill and discretion in this area and refer to the Designated Safeguarding Lead if they are concerned.

Monitoring and Evaluation of Relationship Education including Sex Education

It is the responsibility of the Headteacher to oversee and organise the monitoring and evaluation of PSHE, in the context of the overall school plans for monitoring the quality of teaching and learning.

The Governors Curriculum Committee is responsible for overseeing, reviewing and organising the revision of the Relationship Education including Sex Education Policy.

OfSTED is required to evaluate and report on spiritual, moral, social and cultural development of pupils. This includes evaluating and commenting on the school's Relationship Education including Sex Education Policy, and on support and staff development, training and delivery.

