

# Crich Junior School



PE

# I want to be:

**an independent  
learner**

**resilient**

**respectful and  
tolerant**

**knowledgeable  
and curious**

**happy**

**confident**

**a team player**

**creative**

**healthy and  
active**

**a problem  
solver**

**kind**



Our curriculum is designed using and extending the National Curriculum and conforms to the Equality Act and SEND regulations 2014, which ensures accessibility and inclusion to all children.

At Crich Junior School, our curriculum is designed to build on children's prior learning, provide meaningful and memorable learning experiences where our children are taught to be independent, confident and resilient learners.

Our curriculum has been designed to ensure that all children leave us with a wide body of knowledge, and the skills needed to be successful, lifelong learners with a real curiosity about the world around them.

The curriculum encompasses all the planned learning that is sequenced to promote learning, personal growth and development. Whilst fully including all statutory elements of the National Curriculum, our curriculum also gives our children the chance to explore a variety of additional 'enrichment' experiences, learning and opportunities to ensure all our children thrive and find their passion.

Our children are at the heart of every aspect of our curriculum. Developing the children's ability to learn more, know more and remember more is underpinned by quality first teaching of a broad body of knowledge and vocabulary. We provide engaging opportunities where children are immersed in independent problem solving techniques. We are committed to developing the whole child. Children have a strong awareness of their local community, their role within it and the value they bring to it. Children leave our school with a sense of belonging to an inclusive tightly-knit community where they have the confidence, knowledge and skills to make decisions, self-evaluate, and feel valued.

Our curriculum is based on the following key principles:

- A clear, shared vision of the knowledge and skills our children need to take advantage of future opportunities, responsibilities and experiences of later life.
- Commitment to a rich, varied, academic, practical problem-solving curriculum experience, which is inclusive for all our children.
- A curriculum that reflects the needs of the local community context.
- Planning and sequencing. Knowledge builds on previous learning.

Our Unique Intent:

- Practical Problem Solving rich curriculum
- Bushcraft, gardening, cookery, STEM technologies, local community projects etc
- Develop self worth
- Timetable designed to enable creative curriculum.

At Crich Junior School, we strongly believe that all children should have access to a thoroughly planned, progressive physical education programme, which places a real emphasis on developing a wide range of physical competences, while encouraging healthy competition and teamwork.

Throughout their time at Crich Junior School, we strive to equip all children with the necessary skills, knowledge and range of physical experiences to motivate them to lead lifelong active, healthy lifestyles in which they continue their participation in physical activity and sport.

Our physical education curriculum is carefully planned to include a range of indoor and outdoor based lessons throughout the year and provides a varied and progressive learning programme. All children will receive at least two hours of engaging, high quality and enjoyable physical education lessons per week, as well as taking part in at least half an hour of physical activities per day. Appropriate provision is in place to support a range of learning needs and abilities and ensure positive outcomes for all children



## Crich Junior School PE Curriculum

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	OAA	Gymnastics/ Dance	Invasion Games Y3/4 Football Y4/5 Tag rugby/hockey Y5/6 Basketball/netball	Net and wall Y3/4 Fundamentals Y4/5- Badminton Y5/6 – Tennis	Striking and Fielding Y3/4 Fundamentals Y4/5 – Cricket Y5/6 - Rounders	Athletics

**Key stage 2** Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### **Swimming and water safety**

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

## Intent

Crich Junior School's vision is to encourage all children to develop positive attitudes to PE and sport, improve health and well-being (FMS), cater for all abilities, meet all needs, allow every child to fulfil their potential, encourage lifelong participation, and provide competitive activities. We aim:

To engage all pupils in regular physical activity in line with the recommendations and government guidelines, striving for our children to be active for 30 minutes a day in addition to their two timetabled PE lessons. This is achieved through subscription to Jumpstart Jonny, recently purchasing PE equipment to use during break times, lunch times and lunch time/ after school sports clubs.

To provide a rich and varied curriculum

To deliver a curriculum which is planned and sequenced where knowledge and skills are built upon each year.

To increase participation in competitive sport

To provide opportunities for children to participate in a broad range of physical activities, providing variety and an introduction to as many activities as possible

To develop the children's fundamental movement skills, enabling lifelong participation in physical activity

To develop multi-ability skills through PE, enabling the children to use and develop cognitive, personal, social, creative and physical skills through physical activity

To encourage all children to achieve their personal best.

## Implementation

Crich Junior School adopts the 'Twinkl Move' approach to teaching PE. This ensures lessons are carefully planned and sequenced and ensures teachers have progressively covered the requirements of the PE national curriculum. Teachers use interactive resources to support their teaching. We ensure fundamental movement skills are taught via non-traditional games and activities which enable engagement and participation of all abilities. Sports specific lessons with coaches encourage children to apply the skills they have learnt in a range of activities, including but not exclusively restricted to Dance, Gym, Tag Rugby, Netball, Hockey, Cricket, athletics, swimming, tennis, health & fitness.

Children each receive at least two lessons per week, one of these being a sports specific lesson with a specialist teacher (AVSSP).

All children have the opportunity to take part in competitive sport through Amber Valley School Sports Partnership. We subscribe to this partnership which provides many additional opportunities for our children such as competitions, festivals, leagues, lunchtime and after school clubs.

The School sports premium is used to improve the provision of PE at Crich Juniors in a number of ways, adding additional specialist coaching staff to support lessons, new resources, run practices and prepare for events, along with running lunchtime clubs and afterschool clubs, and CPD for staff.

## Impact

- Pupils will enjoy being active and be keen to take part in lessons
- The profile and expectations of PE and school sport will continue to be high
- Pupils will be eager to represent the school at events and competition for team places will remain high.
- Pupils fundamental movement skills will continue to improve with more confident and physically skilled pupils overall
- After school clubs will remain popular and oversubscribed meaning children are keen to continue refining skills and have developed an enjoyment for being active.
- Crich Junior School will continue to make good use of the School Sports Premium and use it to raise the profile and provision of PE.

Teachers and coaching staff use their professional judgement to observe children over the period of a term.

The children will complete a baseline assessment on their fundamental movement skills at the beginning of the term and then will be reassessed at the end of each term to inform planning, show progress and identify any gaps to be focused on.

Children are monitored on a regular basis on their skills and application of skills in sports/games to check progress and are encouraged to take responsibility for their own learning. Children are also encouraged to evaluate their own and others' performance suggesting thoughtful and appropriate improvements.

An assessment book is completed by the class teacher at the end of each session to identify children who met the learning objectives and to identify any children who needed support to meet the learning objective. This is also combined with effective, differentiated questioning, mini plenaries, class discussions and personalised feedback.