

TRANSITION FROM PRIMARY TO SECONDARY SCHOOL

JUNE 2021

WHAT WE WILL COVER:

- Common transition problems
- Organisation and orientation
- Dress codes
- Travelling to and from school
- Money
- Attendance
- Home routines
- Disaster management

COMMON TRANSITIONING PROBLEMS

- Can feel like a really big move for children (remind them that they have transitioned before though – to new classes, from nursery to primary)
- Go from being the eldest in school to the youngest
- Moving classrooms
- Reading timetables
- More homework
- Having to be more independent and organize themselves
- Catching a bus
- Having more than one teacher
- Bigger environment
- Carrying their own books and PE kit round daily
- Longer school day
- Greater competition (academically and sports wise)
- Faster pace of learning (Shorter Lessons)
- Having to make new friends/being separated from friends
- Order their own food at lunch and breaks

ORGANISATION AND ORIENTATION

- If possible look around the school with your child before they are due to start
- Reassure your child that they will soon learn where everything is and that teachers will be understanding about getting lost for the first couple of weeks
- Draw or get hold of a plan of the school to help your child
- Go through your child's timetable when they receive this (and take copies!)
- Get your child a watch so that they can be independent and can get to places on time
- Get a list of your child's teachers so you know who to talk to if there is a problem
- Go through a plan with your child of where they should go if they get lost

TIMETABLES

- Go through your child's timetable with them
- Take notes of Week 1 and 2 / Week A and B so you know what week your child is on
- Re-write your child's timetable out with them if they find it easier reading it a different way
- Colour code the timetable with your child
- Pictorial – Twinkl

	AMon		ATue		AWed		AThu		AFri	
	Fr		Da		Pr		En		Hi	
1	LS	11	RHE	Bhall	RP	10	LT	9	PHC	5
2	LS	11	RHE	Bhall	RP	10	LT	9	PHC	5
3	Dt		Ma		Pe		Gg		Ps	
	PH	T1	AR	4 IT	JRR	GYM	JMI	5	ED	7 IT
4	Dt		Ma		Pe		Gg		Ps	
	PH	T1	AR	4 IT	JRR	GYM	JMI	5	ED	7 IT
FTA	Tu		Tu		Tu		Tu		Tu	
	KSW	T1	KMR	4 IT	AM	5	JMI	5	ED	7 IT
Lun										
FTB										
5	En		Fr		Sc		Ma		Sc	
	CC	9	LS	11	NMA	LAB3	CAH	6	RNS	LAB3
6	En		Fr		Sc		Ma		Sc	
	CC	9	LS	11	NMA	LAB3	CAH	6	RNS	LAB3
T										

AM : Miss A Morris
AR : Mrs A Ruston
CAH: Miss C Hall
CC: Mrs C L Cooper
CEB: Ms C E Bell
EB: Miss E Bonsall
ED : Ms E Davies
EM: Mrs E E Morris
JHA: Mrs J T Hadfield
JMI: Mrs J M Millington
JOA: Mrs J O W Andrews
JRR: Mr J R Redhead

JST : Mrs J S Turner
KF : Miss K T Fairbank
KMR: Mr K Rowley
KSW: Mrs K S Wragg
LS : Mrs L J Sayers
LT: Miss L L Tatam
NMA: Ms N Macdonald
PH : Mr P D Hill
PHC: Mr P Copeland
RHE: Miss R Hendry
RNS: Mr R Nightingale-Smith
RP : Mr J R Platts

	BMon		BTue		BWed		BThu		BFri	
	Sc		Dr		Hi		Fr		En	
1	NMA	LAB2	EB	Parts Mob	PHC	5	JOA	10	LT	8
2	NMA	LAB2	EB	Parts Mob	PHC	5	JOA	10	LT	8
3	Dt		Pe		Gg		Sc		Ma	
	PH	T1	JRR	GYM	JMI	5	NMA	LAB3	CAH	4 IT
4	Dt		Pe		Gg		Sc		Ma	
	PH	T1	JRR	GYM	JMI	5	NMA	LAB3	CAH	4 IT
FTA	Tu		Tu		Tu		Tu		Tu	
	CEB	T1	CC	6 •	JMI	5	JST	LAB3	RNS	4 IT
Lun										
FTB										
5	Mu		En		Ma		Ar		Cu	
	EM	MUS	CC	9	CAH	5	KF	12 Art	JHA	7 IT
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GETTING ORGANIZED

- Allocate a space where your child can do homework (somewhere that is quiet)
- Can a storage place be sorted at home so that your child can store books in one place
- Good lighting where homework is to be completed
- Use a calendar to mark deadlines for work/when homework needs to be handed in (parents can also sign up to Show My Homework or equivalent if the school uses it)
- Make sure your child have everything they need for school – pens, pencils, ruler, rubber, sharpener, compass, etc..)
- Encourage your child to pack their bag the night before
- Make sure your child has any ingredients that is needed for food technology

DRESSING

- Make sure you are familiar with the school dress code – ask if you aren't sure about anything
- Name everything so that it can be claimed back if lost
- Encourage your child to get their uniform ready the night before to reduce stress in the morning
- Consider whether PE Kits can be kept in a school locker – do you need to pay a deposit for the locker?

TRAVELLING

- For many children this will be the first time they are using a bus/public transport alone
- Before they have to catch the bus, show your child which bus stop they will catch the bus from
- If it's a public bus do a run on the bus with your child – get your child to ask for the tickets and pay
- Again a watch may help if your child is catching a bus (Highfields is a 'phone free- zone' so students can't rely on their phone for the time)
- Repeat the journey with you child until they are comfortable – catch the bus at different times of the day so that they can be prepared for busy bus days and more quiet days
- If you need to order a bus pass for your child then don't forget to do this (and to continue to do this every year)
- If your child walks to school, plan who they will walk with/what route they will walk/how long does it take

LUNCH/BREAK TIMES

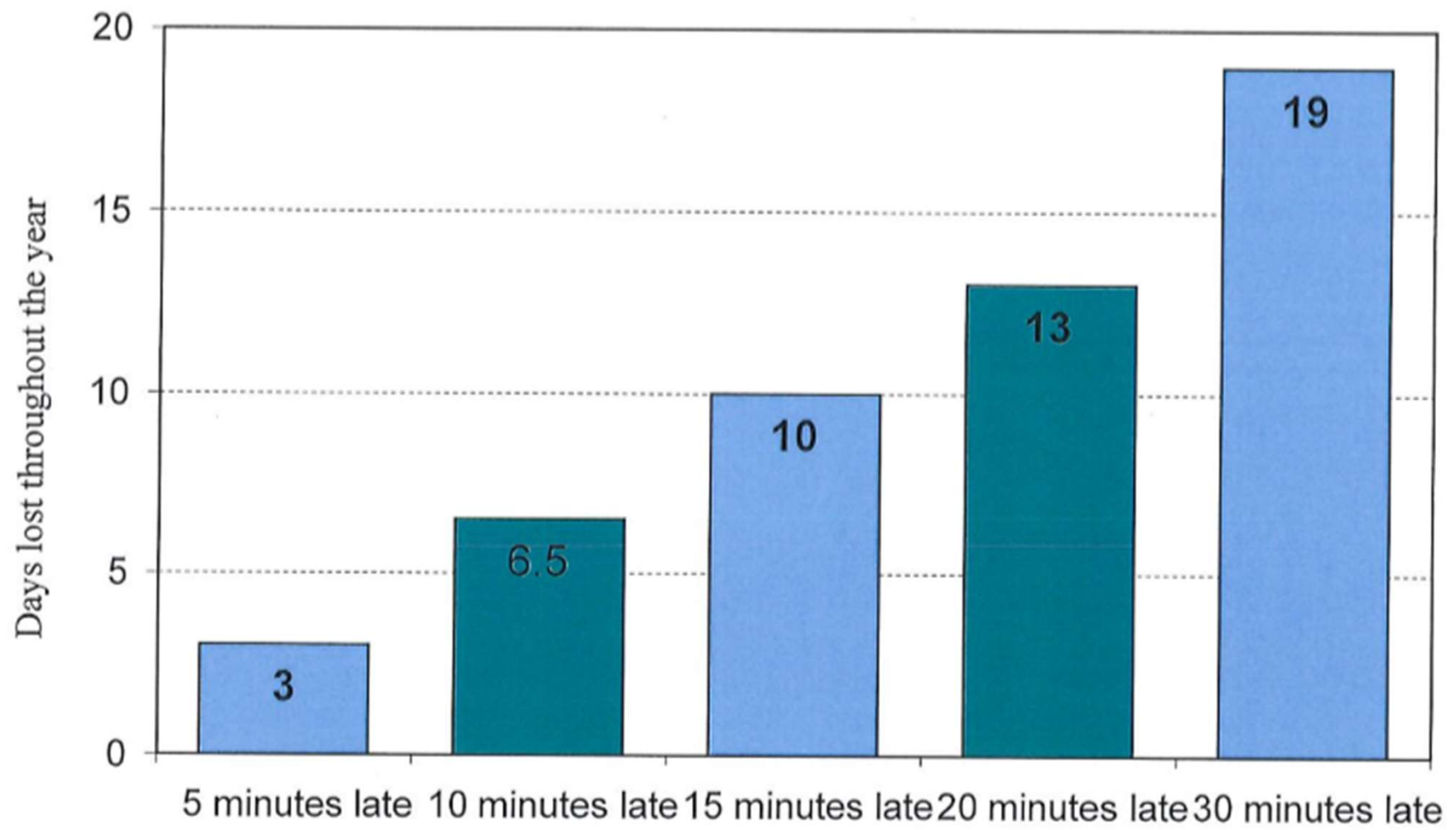
- Apply for Free School Meals through Derbyshire County Council if you think you may be entitled to them
- Practice managing money/using cutlery/carrying plates with food on at home
- Is your child going to have dinners or sandwiches?
- Leading up to changing schools encourage your child to go to a café and order their own food and pay for it so that they feel prepared for doing this at school
- Remember to top your child's dinner money account up (not all schools accept money)
- If your child doesn't like busy environments discuss what they can do to try and reduce this (leaving the dinner hall 5 minutes before lessons are due to start so that they can make their way to the lesson without everyone being around)

HANDLING MONEY

- Practice adding up costs of food so that your child can do this is preparation for school
- Make sure you child knows that they have money in their account for food
- If Free School Meals – may your child need snack for breaks?

ATTENDANCE

- Check what time school starts and what time child needs to be in school for
- Any attendance below 95% is classed as persistently absent
- Medical Evidence
- Medication and School's Medication Policy



School Attendance Matters

just a little late...

Missing just...

10 minutes a day

20 minutes a day

30 minutes a day

1 hour a day

Is the same as

50 minutes a week

1 hour and 40
minutes a week

Half a day a week

1 day a week

Which is the same
as...

1 and a half weeks
a year

2 and a half weeks
a year

4 weeks a year

8 weeks a year

And over your
whole school life
is...

Nearly half a year

Nearly a whole
year

Nearly 1 and a
half years

Nearly 2 and a
half years

ROUTINES AT HOME

- Keep your child in a routine at home
- Get home from school, snack, homework THEN play on computer/out with friends
- Keep a good bedtime routine – electronics off by 8pm – in bed by 9pm – up at 7am
- Use reward charts and incentives to encourage children
- Tell your child what you want them to do – not what you don't want them to do
- Make sure your child knows the rules

DISASTER MANAGEMENT

- Get a plan in place for the following;
 - What do you do if you're late for a lesson?
 - What do you do if you are late for school?
 - What do you do if you feel unwell?
 - Who do you contact if parents are not available?
 - What if you don't understand your work?
 - What if your friends are off school or you're in a different class to them?
 - What do you do if you forget your homework?

EXTRA HELP

- Family Support Team – Speak to school
- Build Sound Minds (Action for Children) – Lower Level Mental Health - <https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/>
- School Nursing – 01246515100
- Kooth – Counselling (Online) - <https://www.kooth.com/>
- GP
- The Laura Centre/Cruse – Bereavement

BE POSITIVE!



ANY QUESTIONS?
