



Crich Junior School

our happy, caring, community school

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Japanese Fan Dancing
with DEDA Dance

Engagement for all in active living

Our ethos in school can be summed up in one word: 'inclusion' – trying to ensure our curriculum, activities and approaches fulfil the needs of our entire school community. We work hard at providing a varied programme of active learning (and more unusual sports) to engage everyone in our school community.

Examples of these activities include:

Cheerleading – for the creative participator

Gaelic football – to challenge the competitive ball player and learn a different set of skills and rules

Recent active learning has included:

Early morning skipping to wake up for learning

Whole-school walks around the village (very popular with the children)

Fencing

Dodgeball

Rugby

Boxercise

Table tennis

Mindfulness and Tabata

Kabaddi

Plus, inspired by our participation in the Brownlee Triathlon, the Crich Junior School Triathlon is planned for the summer term.

Work with outside agencies provides expert tuition – this year we are looking forward to working with DEDA Dance. With our school topic on the Commonwealth, we will be going all 'Bollywood'!

We are combining music and PE with a programme using Taiko drums, which we'll be taking out to the wider community, including parents and our friends from Derby Refugee Centre.

Being active can take all forms – we enjoy weekly gardening with volunteers from the community; hoeing, sowing, planting, digging and shovelling muck!

We're developing pupil leadership skills for the future through our sports leadership programme – pupils apply and are interviewed for leadership posts. They then train, plan and deliver sports activities in school and the wider community such as Pre-School.



Taiko drumming



Cheerleading

*Photos provided by
Crich Junior School*

Staff try their best to be positive role models by participating in activities, sharing their sporting achievements (such as Mr Hayes cycling to Skegness and back in a day with his cycling club). Staff usually have a physical activity as part of our Staff Wellbeing Day each year.