



# Spring

## MAKE, DO & MEND

*Skill-sharing for Wellbeing*  
Third Thursday of the month  
7 - 9pm

**16 January:** cleaning hacks that don't cost the earth, fire cider remedy and journaling for wellbeing

**20 February:** love it again fashion, upcycling clothes

**20 March:** fermenting with your favourite veggies

**17 April:** empower your plate, growing & foraging

**15 May:** capturing nature in action, photography & sound recording

*Make something special in Spring*

📍 Crich Glebe Community Centre

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[transitioncrich.co.uk](http://transitioncrich.co.uk)

