internet matters.org

Parental Controls Guide

BT Parental Controls

Features and Benefits

BT Parental Controls allow you to restrict certain types of websites on all devices connected to the BT Home Hub and when connected to a UK BT WiFi hotspot using a BT ID. Its features include a Strict, Moderate and Light filter, the ability to block individual categories or sites, plus a Homework Time setting that can block social media, gaming and homework cheat sites at certain times.

What specific content can I restrict?

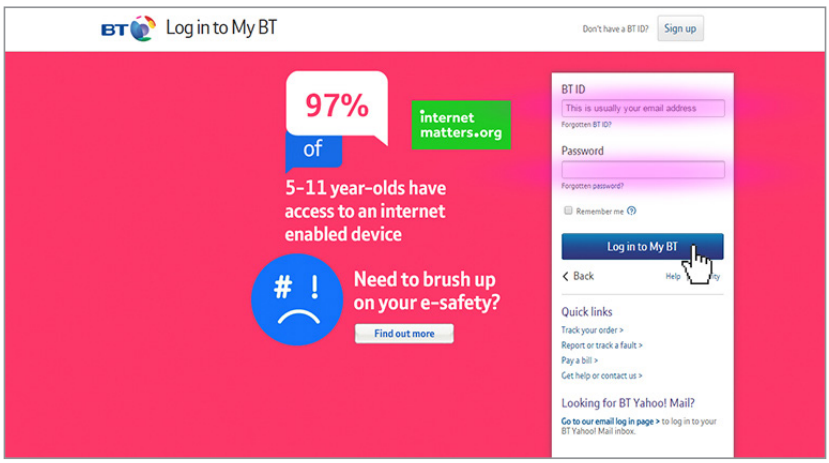


What do I need?

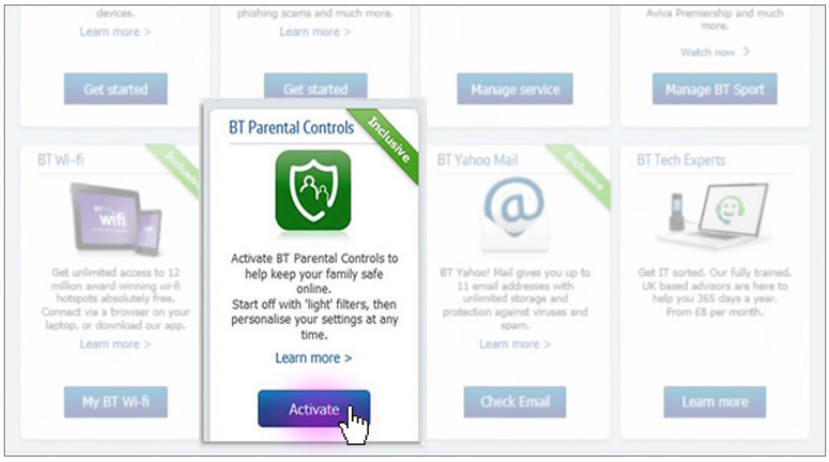
A My BT account (BT ID and Password)
If you haven't signed up, you will need a contact email address and your BT account number (found at the top of your bill)

Step-By-Step

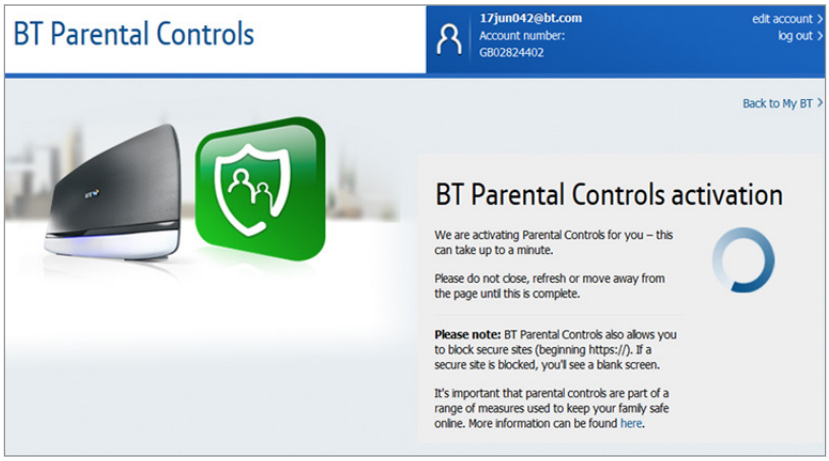
1. Go to home.bt.com/login/loginform and log in using your BT ID and Password. If you haven't got an account click the '**Sign up**' button.



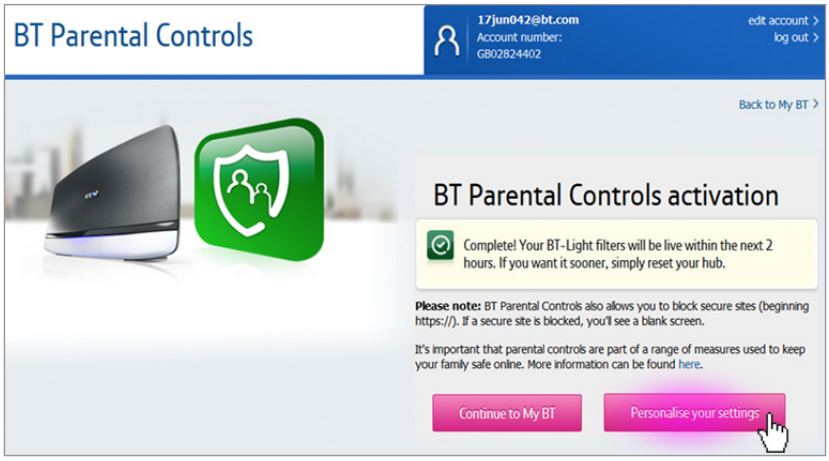
2 Scroll down to '**My Extras**' and click '**Activate**' in the BT Parental Controls panel.



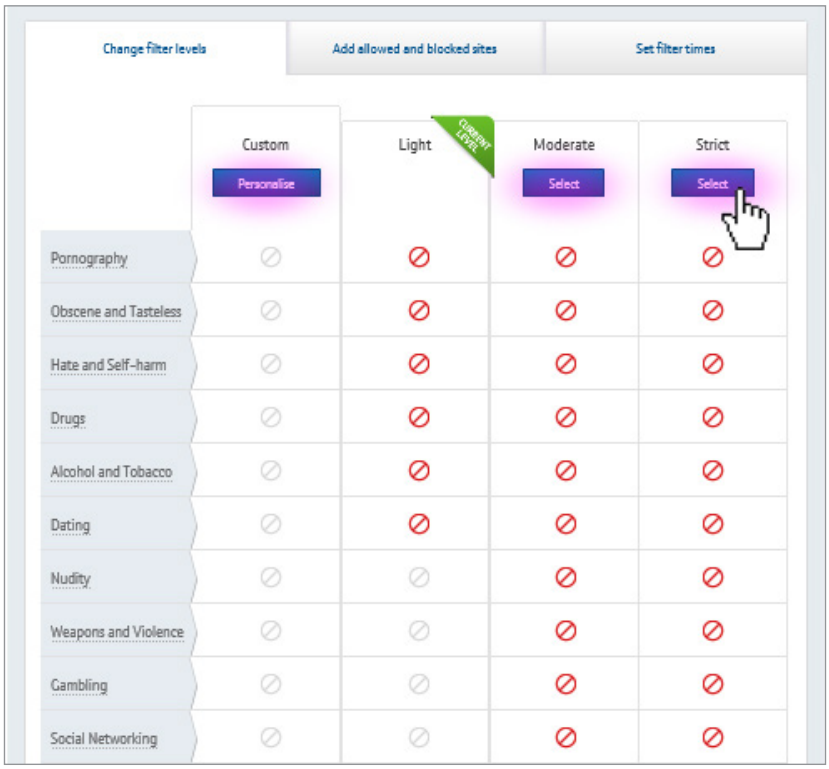
3 You will then see a page telling you that BT are activating your Parental Controls. You will be activated with the '**light**' filter setting. A confirmation screen will appear to confirm this. Set up may take up to 2 hours.



4 Once activated, you can then select '**Personalise your settings**' to create custom settings.



5 You will then be able to change your filter level to suit your family needs.



Sky Broadband Shield

Features and Benefits

Sky Broadband Shield allows you to choose which websites can be seen in your home and works on all devices connected to your Sky Broadband. You can choose between simple age categories; PG, 13 and 18 or customise protection into your own categories. There is also a Watershed feature that allows you to apply different settings at different times of the day.

What specific content can I restrict?

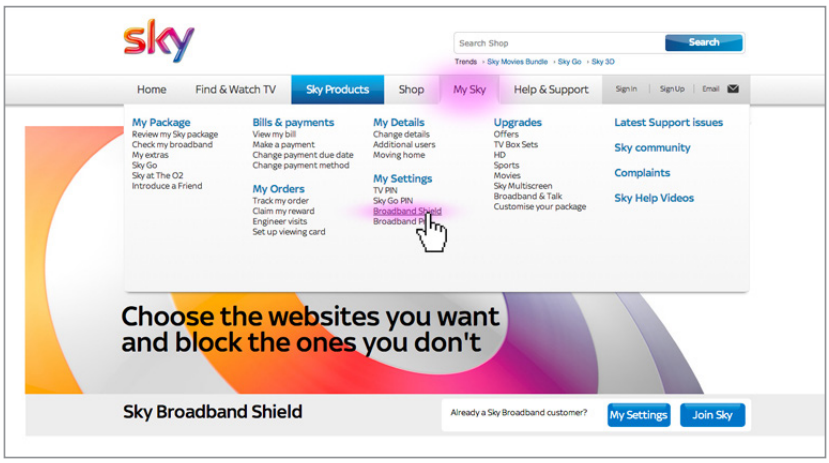


What do I need?

A Sky ID (Username and Password)
If you haven't signed up, you will need a contact email address and your Sky account number, or your Direct Debit details.

Step-By-Step

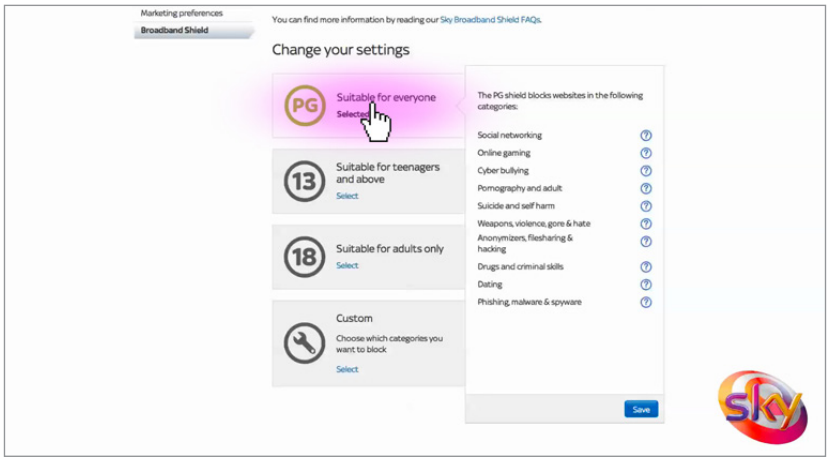
1. Go to sky.com, hover over the '**My Sky**' tab and select '**Broadband Shield**'.



2 Log in to your Sky account using your Sky ID and Password. If you haven't got an account click the '**Sign up**' button.



3 Select filters and change your settings to suit your family needs.



TalkTalk HomeSafe

Features and Benefits

TalkTalk HomeSafe allows you to restrict certain types of websites on all devices connected to the TalkTalk router (WiFi and Cable). Its features include three filter settings – Virus Alert, Kids Safe, Homework Time (that can block social networking and games sites at specific times) plus the ability to block individual sites.

What specific content can I restrict?

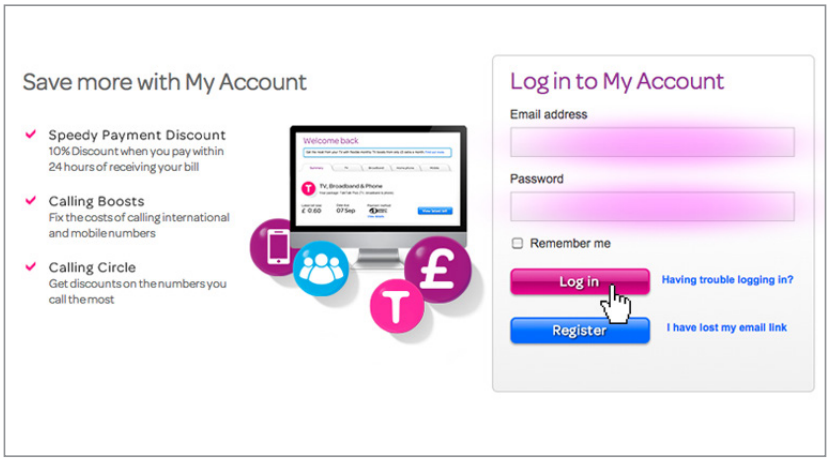


What do I need?

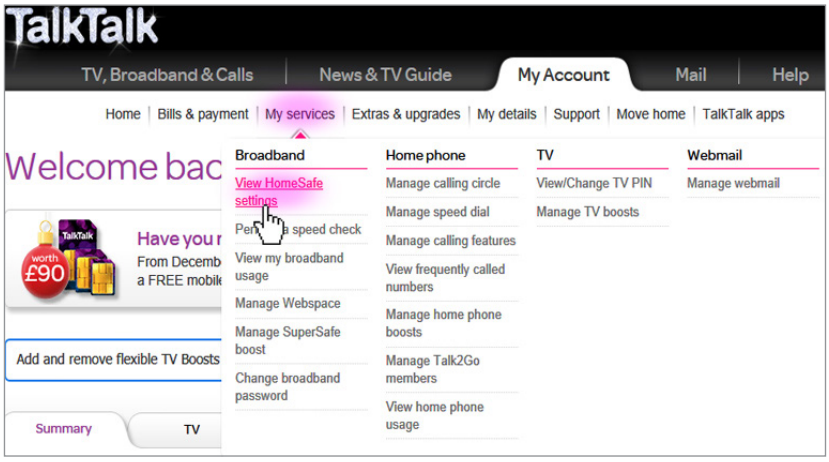
A TalkTalk account (Username and Password)
If you haven't signed up, you will need your landline telephone number and your TalkTalk account number (found at the top of your bill)

Step-By-Step

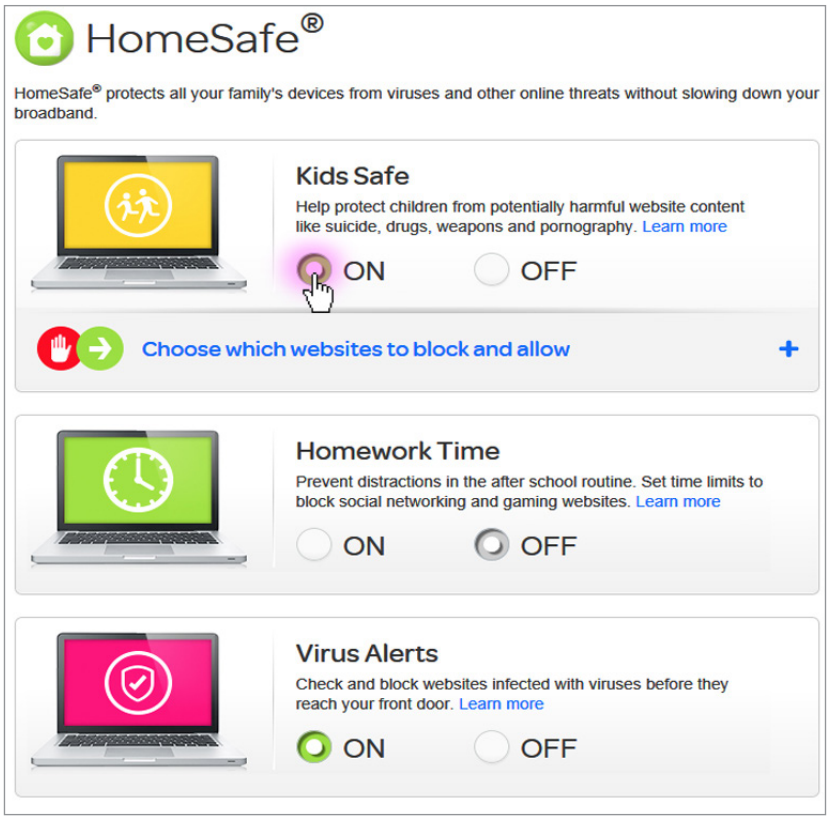
1. Go to myaccount.talktalk.co.uk and log in with your Username and Password. If you haven't got an account click the '**Register**' button.



2 Hover over '**My services**' from the menu at the top and select '**View HomeSafe settings**'.



3 Select filters and change your settings to suit your family needs.



Virgin Web Safe

Features and Benefits

Virgin Media Web Safe allows you to restrict certain types of websites on all devices connected to your home broadband. There are two settings - Virus Safe and Child Safe.

What specific content can I restrict?

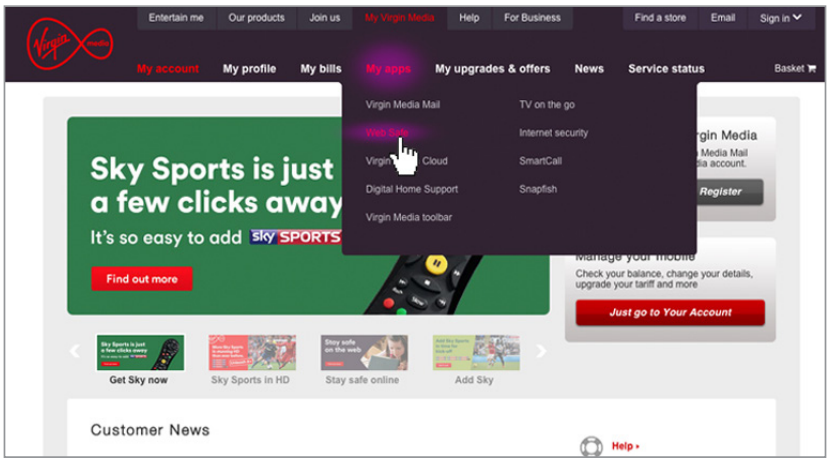


What do I need?

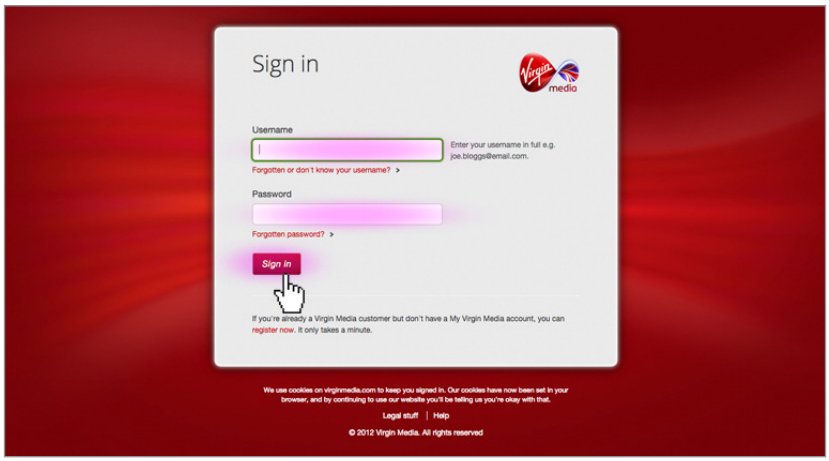
A Virgin Media account (Username and Password)
If you haven't signed up, you will need the account holder name, postcode and account number (which is found at the top of your bill)

Step-By-Step

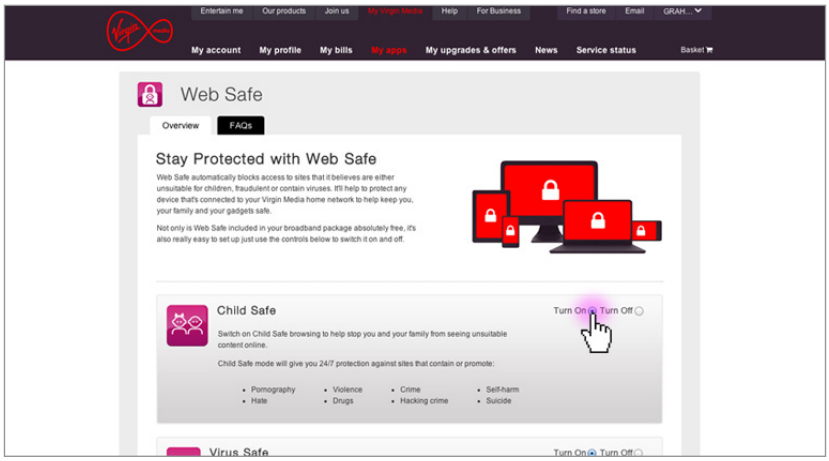
1. Go to my.virginmedia.com, hover over the '**My apps**' tab and select '**Web Safe**'.



2 Log in to your Virgin Media account using your Username and Password. If you haven't got an account click the '**register now**' link.



3 Select filters and change your settings to suit your family needs.



Apple iPhone

Features and Benefits

You can enable restrictions to stop your children from using specific features and applications on an iPhone, including the ability to block access to iTunes and restrict explicit content and in-app purchasing.

What specific content can I restrict?

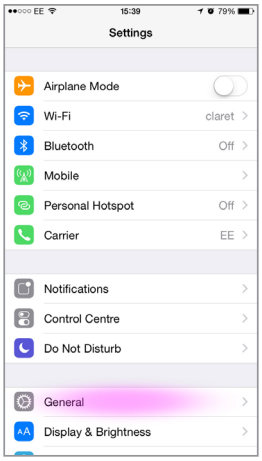


What do I need?

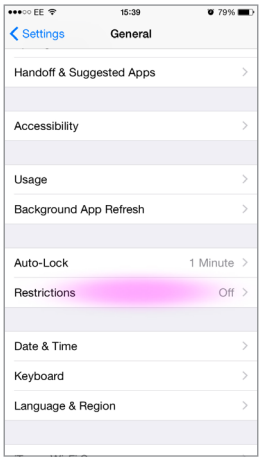
Nothing

Step-By-Step

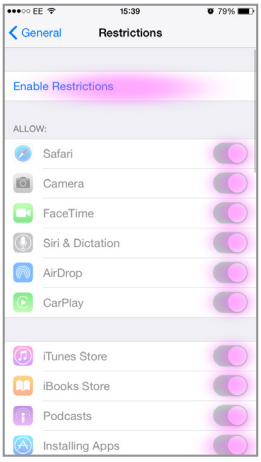
1. On the iPhone home screen open the settings application and press '**General**'.

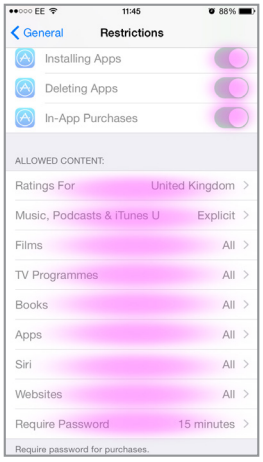


2 Scroll down and press '**Restrictions**'



3 Press '**Enable Restrictions**' and enter a passcode. Remember this passcode, as you will need it to change the settings in the future. Then change the settings to suit your family needs.





Apple iPad

Features and Benefits

You can enable restrictions to stop your children from using specific features and applications on an iPad, including the ability to block access to iTunes and restrict explicit content and in-app purchasing.

What specific content can I restrict?

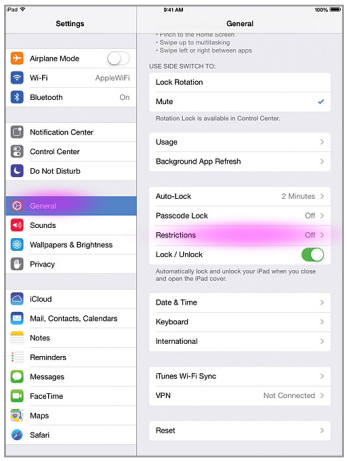


What do I need?

Nothing

Step-By-Step

1 On the iPad home screen open the settings application and press '**General**', then scroll down and press '**Restrictions**'.



2 Press '**Enable Restrictions**' and enter a passcode. Remember this passcode, as you will need it to change the settings in the future. Then change the settings to suit your family needs.



Android Tablet

Features and Benefits

Creating restricted profiles limits the access your children have to features and content on your Android Tablet and restrict in-app purchasing.

What specific content can I restrict?

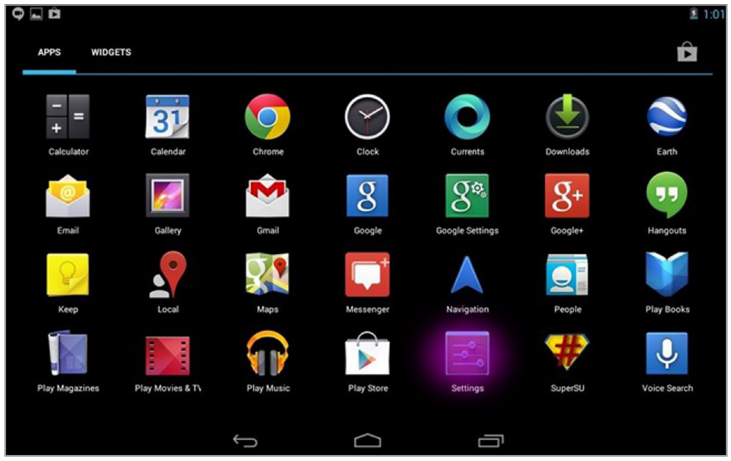


What do I need?

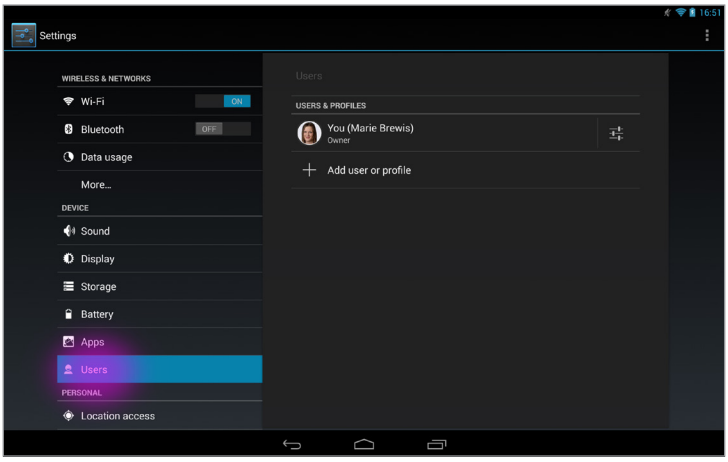
Nothing

Step-By-Step

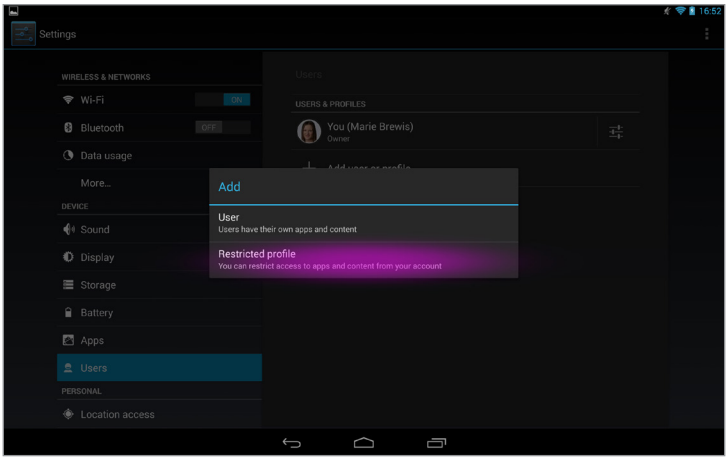
1. On the Tablet home screen open up the app menu and select '**Settings**'.



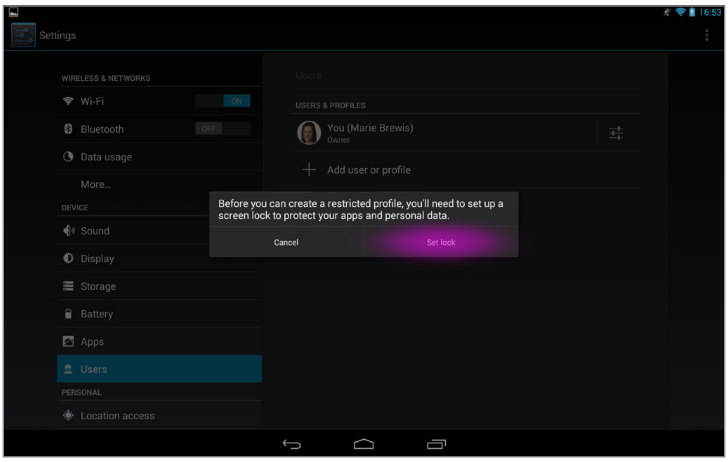
2 Scroll down to the '**Device**' section and select '**Users**', then press '**Add user or profile**'.



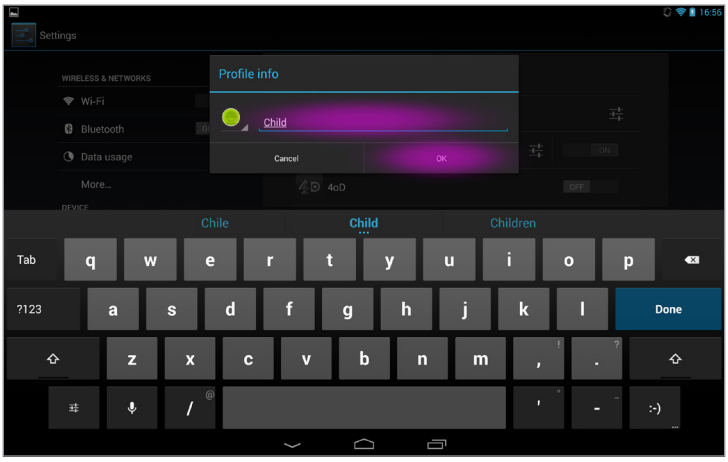
3 Select '**Restricted profile**'.



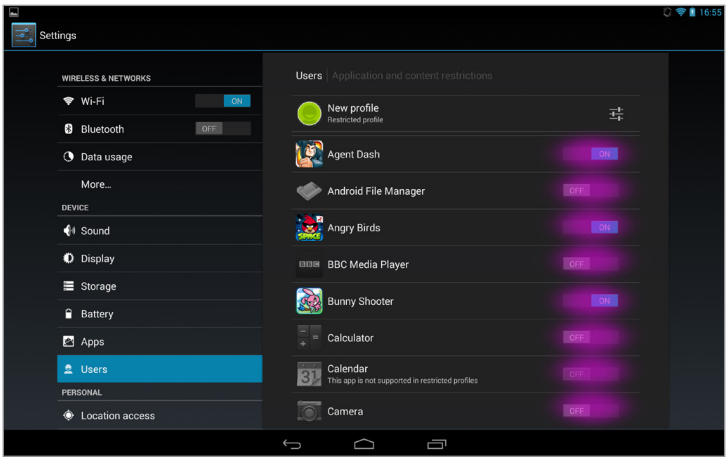
4 If you haven't done so already, you'll need to set up a screen lock for your device. Press '**Set lock**', then choose to use either a pattern, PIN or password lock.



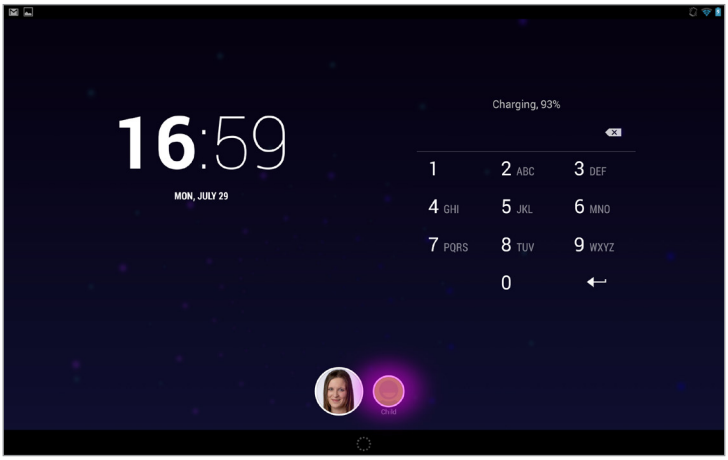
5 Press the settings icon next to the '**New profile**' to give it a name.



6 You'll now see a list of apps installed on your device. By default, the restricted profile is unable to access any of these. Go through the list and toggle the apps you are comfortable with your child accessing.



7 From the lock screen, you'll now find your own account is protected with your pattern, password or PIN, while your child can instantly access their own account - but only the apps you selected.



Android Smartphone

Features and Benefits

Android smartphones have parental controls for the Play Store but not for the device itself. These allow you to set the maturity level of apps and set a PIN code for purchases.

What specific content can I restrict?



What do I need?

Nothing

Step-By-Step

Turn to the next page for the Google Play Step by Step Guide.

Google Play

Features and Benefits

Google Play restrictions allow you to set the maturity level of apps and set a PIN code for purchases.

What specific content can I restrict?



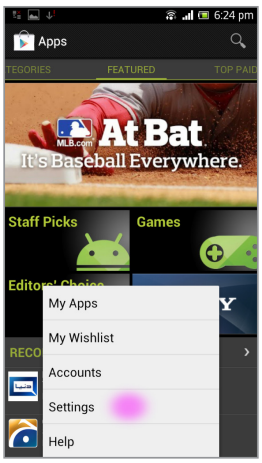
Apps Access | In-App Purchasing | Online Games

What do I need?

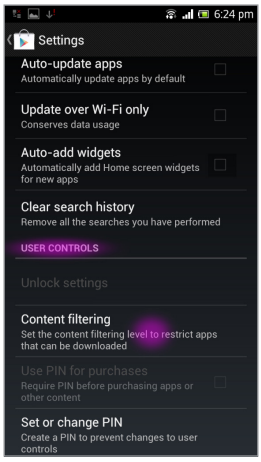
A Google Play account (Email address and Password)

Step-By-Step

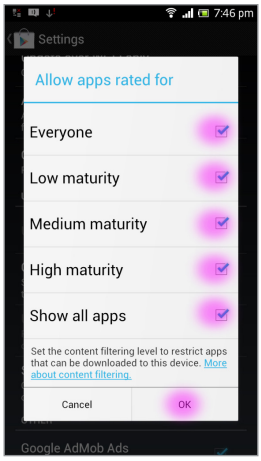
1. Open the Google Play app on your device and sign in using your Email address and Password. Once signed in, press the '**Option**' button (located on your phone below the screen) and then select '**Settings**'.



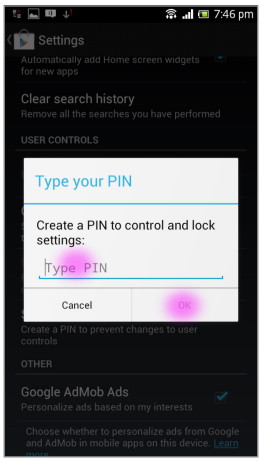
2 Scroll down to the '**USER CONTROLS**' section and select '**Content filtering**'.



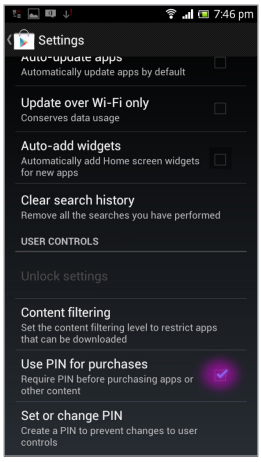
3 Here you can choose how to filter the apps available to download. Select your options and press '**OK**'.



4 Next select '**Set or change PIN**' and follow the instructions. This will allow you to restrict purchases of apps.



5 Go back to the menu and make sure the '**Use PIN for purchases**' option is checked.



Google SafeSearch

Features and Benefits

SafeSearch can help you block inappropriate or explicit images from your Google Search results. The SafeSearch filter isn't 100% accurate, but it helps you avoid most adult content.

What restrictions can I apply?



Inappropriate Search Results

Inappropriate Content

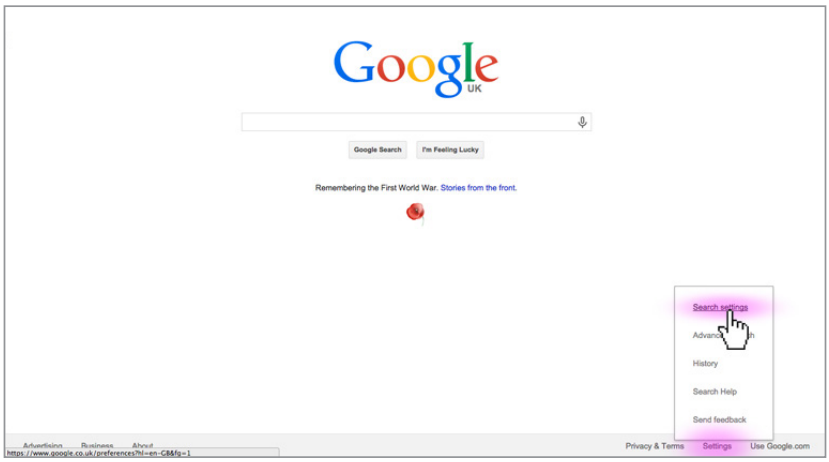
What do I need?

A Google account (Email address and Password)

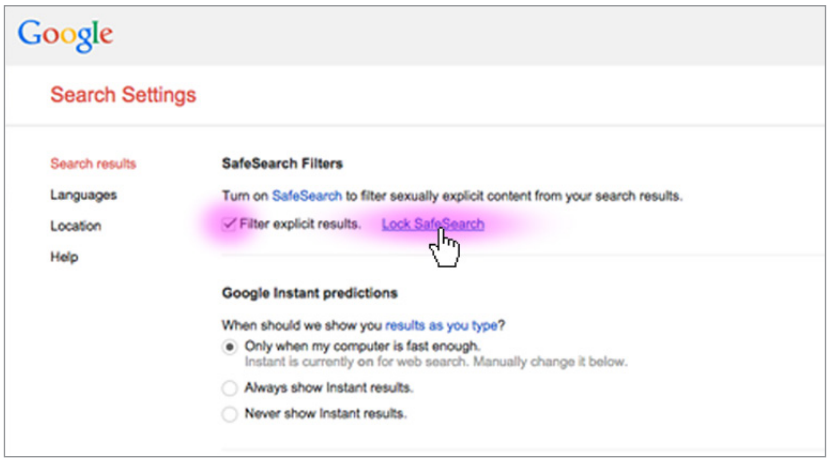
Step-By-Step

SafeSearch can be easily turned on for a single use, but for it to permanently stay on you will need to lock SafeSearch.

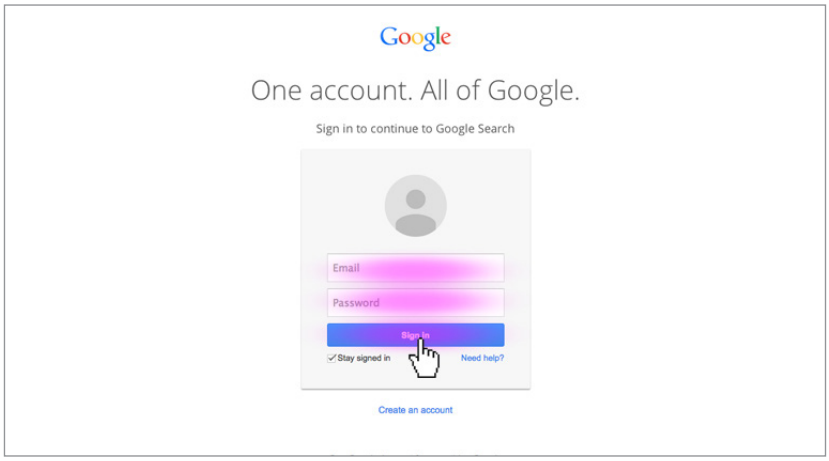
1. Go to google.co.uk, select the '**Settings**' tab and click on '**Search settings**'.



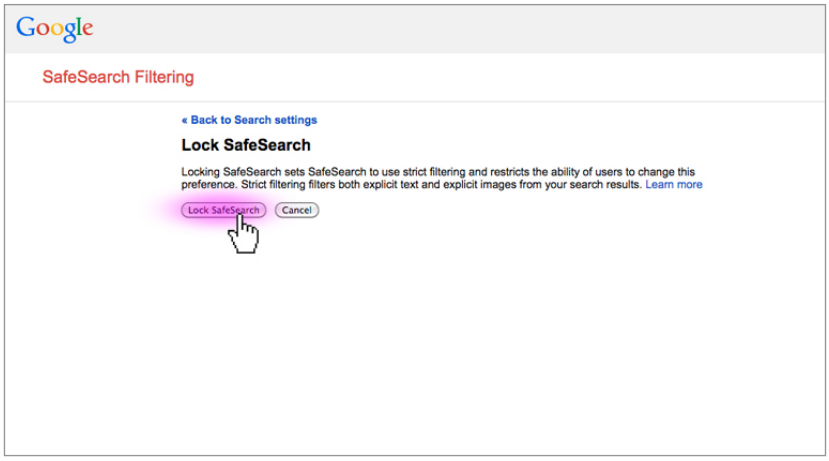
2 Find the '**SafeSearch Filters**' section and check the '**Filter explicit results**' box, then click on '**Lock SafeSearch**'.



3 When prompted sign into your Google account. If you haven't got an account click the '**Create an account**' link.



4 Finally, to confirm, click the '**Lock SafeSearch**' button.



You will need to do this on each browser that you use or if you have multiple Google accounts.

Google Play

Features and Benefits

Google Play restrictions allow you to set the maturity level of apps and set a PIN code for purchases.

What specific content can I restrict?



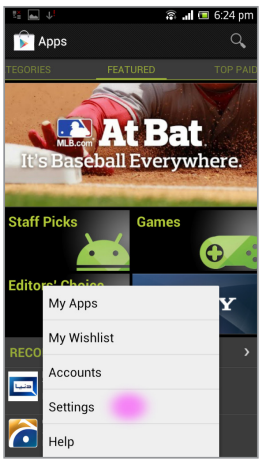
Apps Access | In-App Purchasing | Online Games

What do I need?

A Google Play account (Email address and Password)

Step-By-Step

1. Open the Google Play app on your device and sign in using your Email address and Password. Once signed in, press the '**Option**' button (located on your phone below the screen) and then select '**Settings**'.



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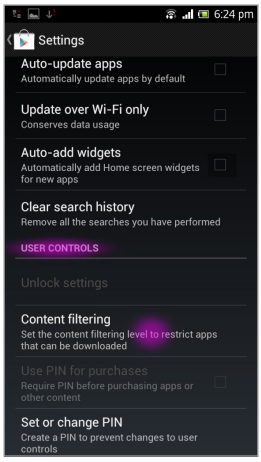

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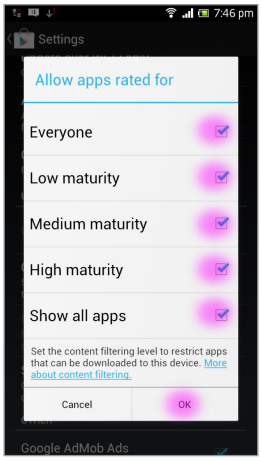
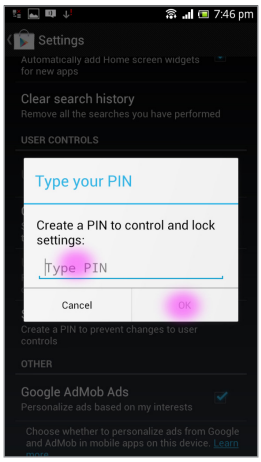
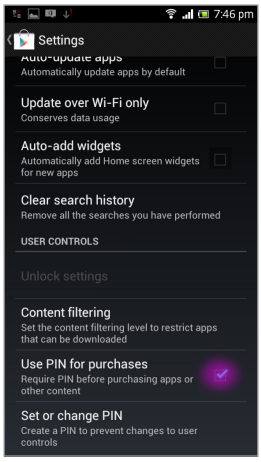


4 Next select '**Set or change PIN**' and follow the instructions. This will allow you to restrict purchases of apps.



5 Go back to the menu and make sure the '**Use PIN for purchases**' option is checked.



YouTube Safety Mode

Features and Benefits

Safety Mode is an opt-in setting that helps screen out explicit and adult content, to protect your children when they use YouTube. This parental control setting is currently unavailable for the Android and iOS apps. But they do have a safe search filter.

What specific content can I restrict?

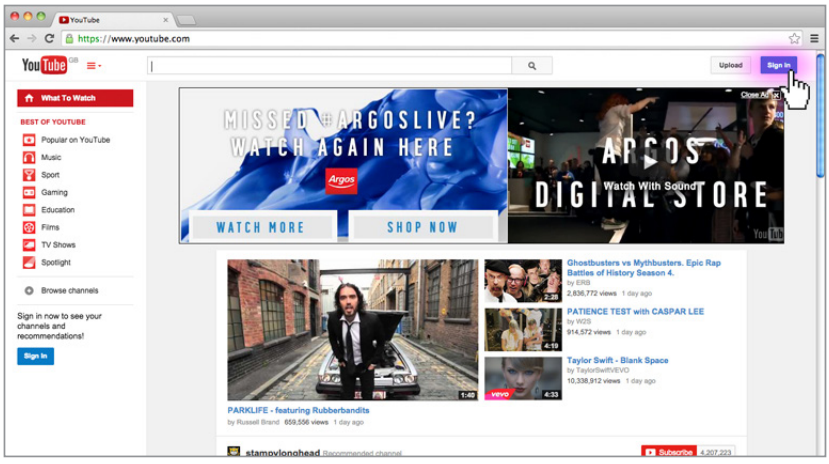
Inappropriate Content

What do I need?

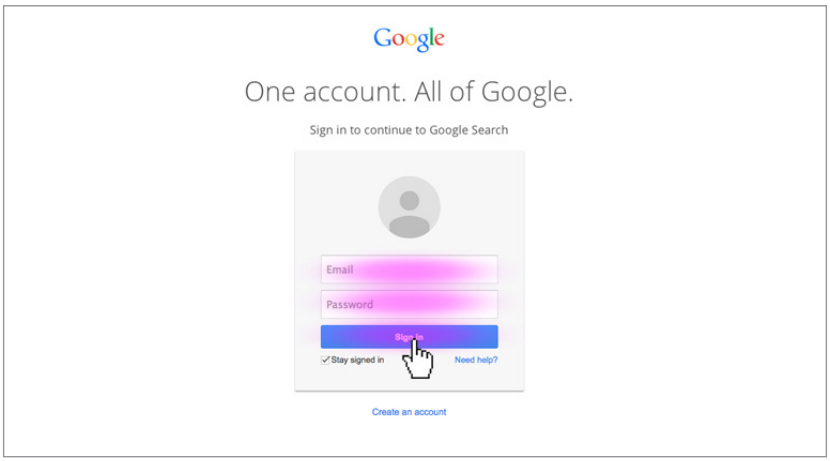
A Google account (Email address and Password)

Step-By-Step

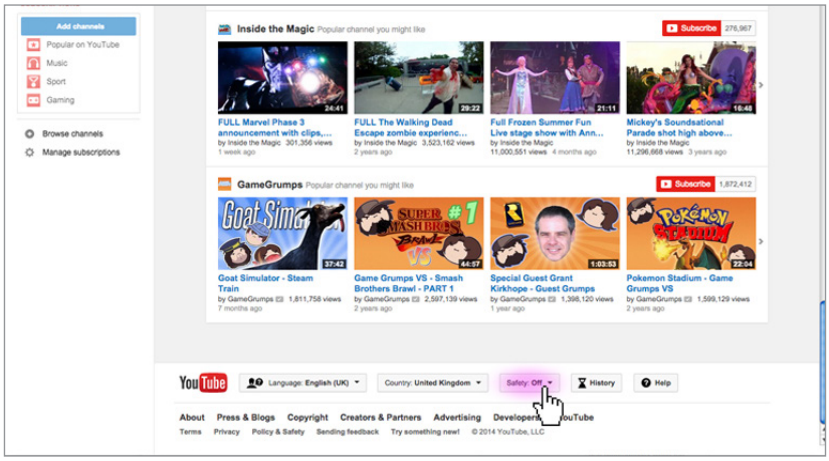
1 Go to youtube.com and click '**Sign in**'.



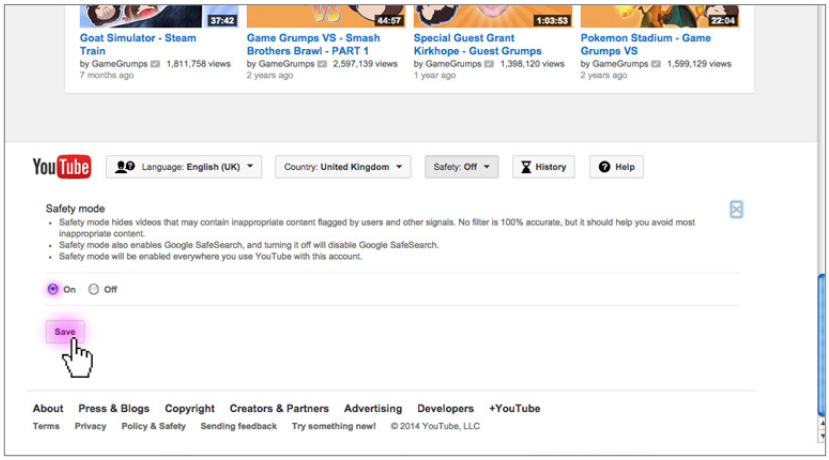
2 Log in to your Google account using your Email address and Password. If you haven't got an account click the '**Create an account**' link.



3 Once you've signed in, scroll down to the bottom of the YouTube page and click on the '**Safety**' drop-down menu.

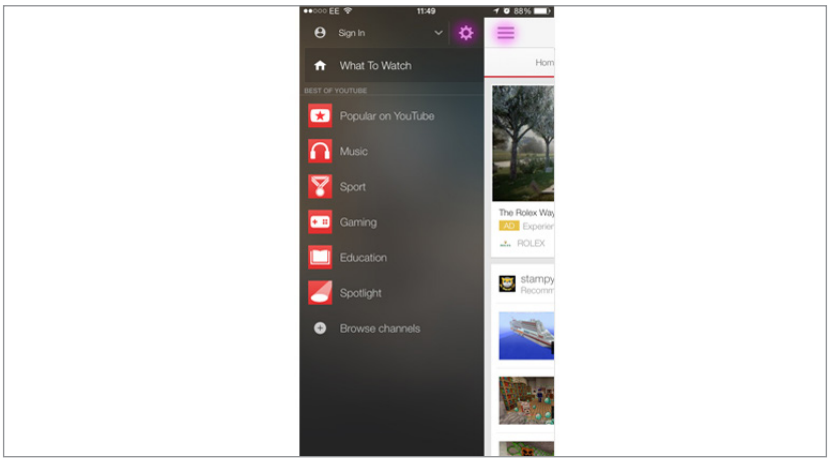


4 Turn Safety Mode on by selecting '**On**', followed by '**Save**'.

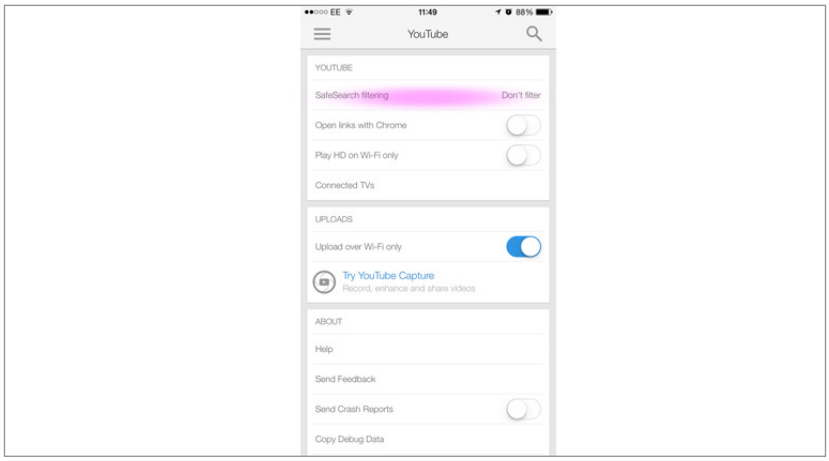


You will need to do this on each browser that you use or if you have multiple Google accounts.

5 The YouTube iOS and Android apps do not have Safety Mode, but do have a SafeSearch filter. To activate press the '**Menu**' button in the top left corner of the YouTube app, then press the '**Gear**' symbol.



6 In the settings menu select '**SafeSearch filtering**' and apply the restriction to suit your family needs.



Netflix Parental Controls

Features and Benefits

Netflix Parental Controls allow you to restrict access to content of varying maturity levels. You can create individual profiles with different control levels suitable for Little Kids, Older Kids, Teens and Adults.

These need to be set on a computer and will cover all devices that use the Netflix account.

What restrictions can I apply?

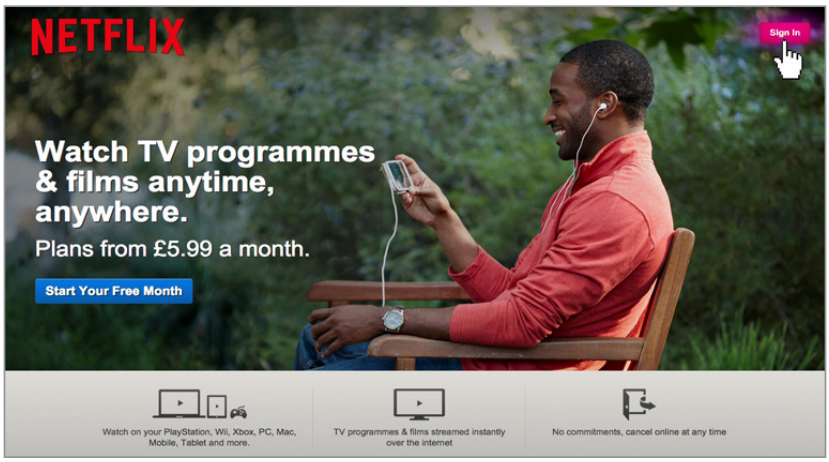
Inappropriate Content

What do I need?

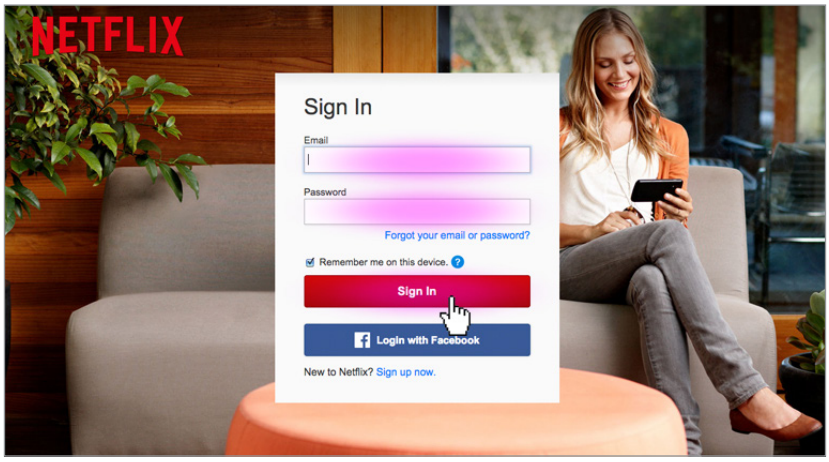
Access to a computer and a Netflix account (Email address and Password)

Step-By-Step

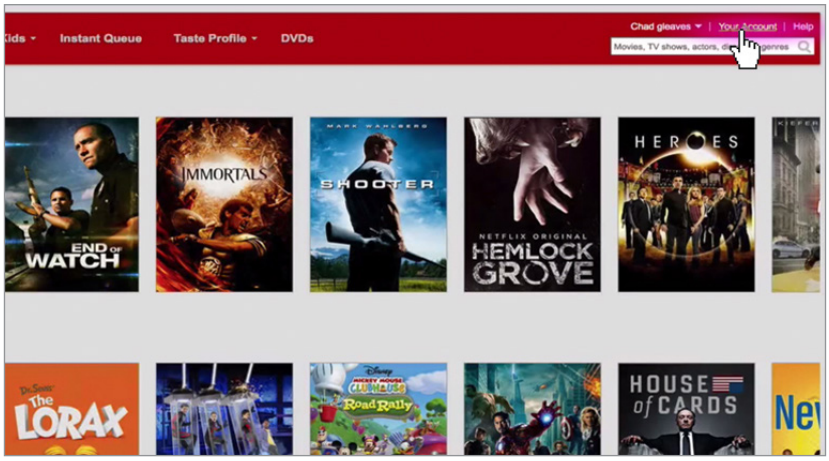
1. Go to netflix.com and click on '**Sign in**'.



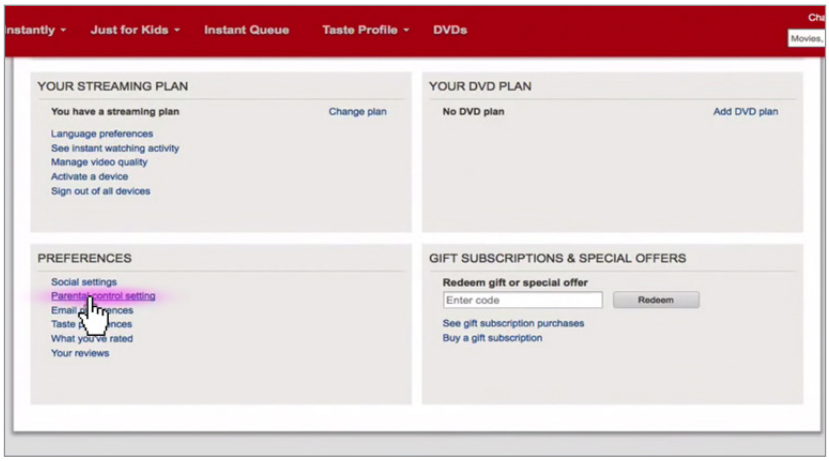
2 Sign in to your Netflix account using your Email address and Password.



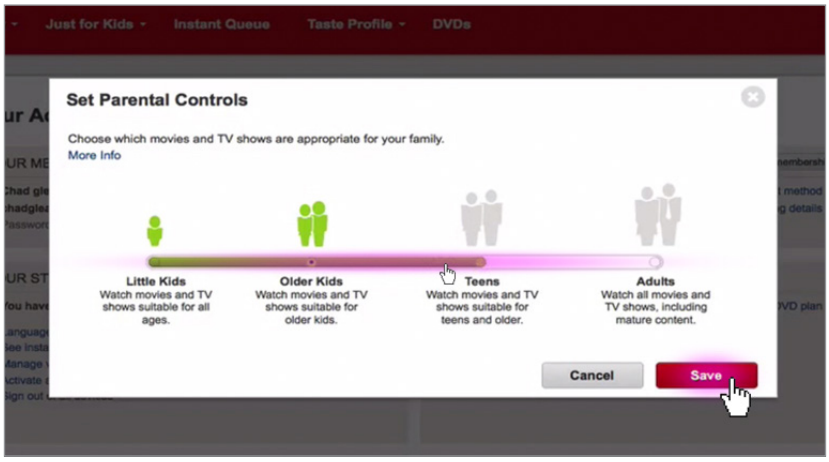
3 On the home screen click on '**Your Account**'.



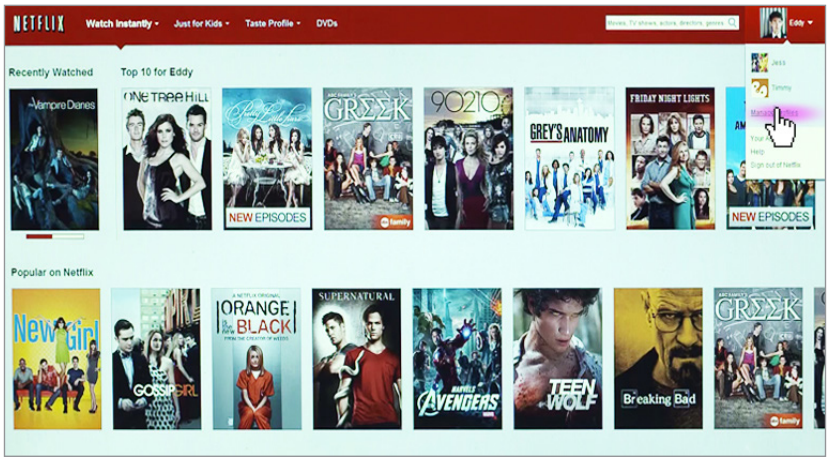
4 Scroll down to the '**PREFERENCES**' section and click on '**Parental control setting**'.



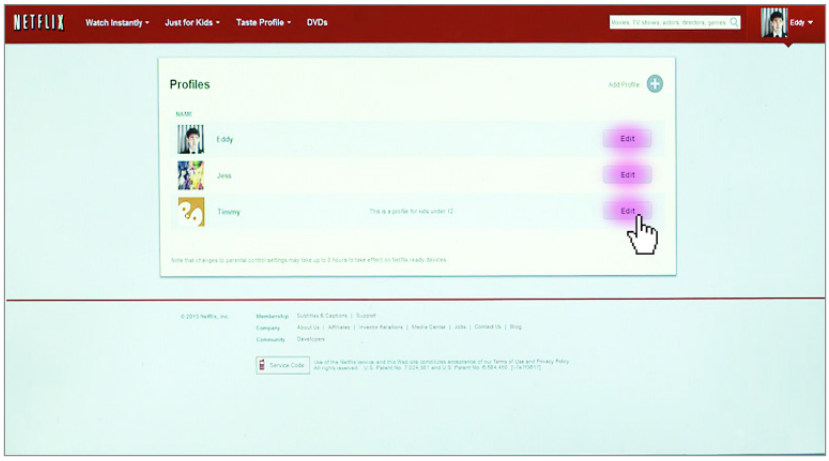
5 Here you can select the level of filter across all your Netflix accounts.



6 You can also give individual profiles different filters. Just click on '**Your Account**' and select '**Manage profiles**'.



7 Select the profile you wish to restrict, or if you'd like to create a new profile for your child click '**Add Profile**'.



iTunes Parental Controls

Features and Benefits

iTunes Parental Controls allow you to restrict explicit content from displaying in the iTunes Store. This includes disabling podcasts, radio content and shared music so that these items don't appear on the left side of the iTunes window.

What restrictions can I apply?

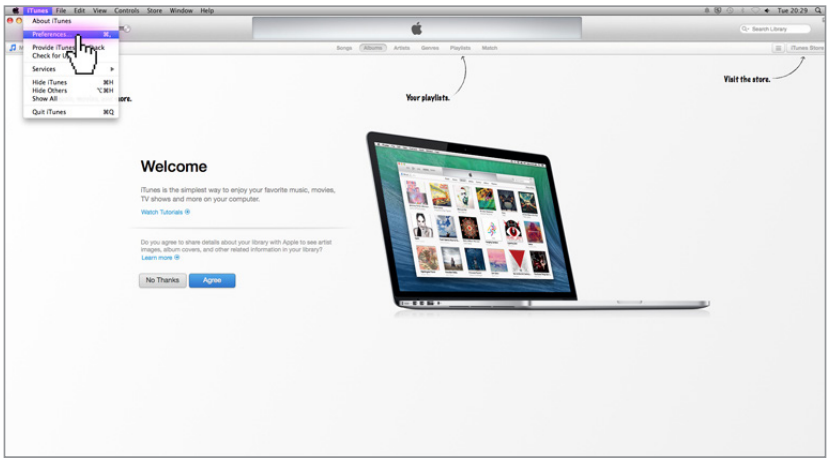


What do I need?

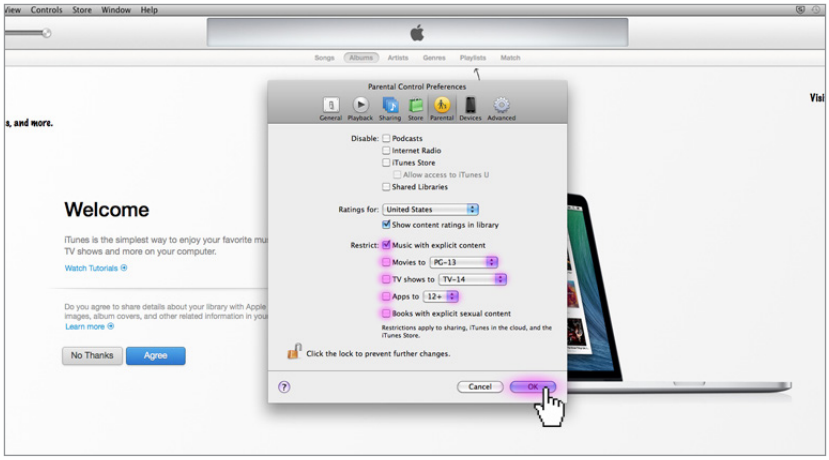
Nothing

Step-By-Step

1. If you are using a Mac, open iTunes and go to '**iTunes**' > '**Preferences**', or if you're using a PC go to '**Edit**' > '**Preferences**'.



2 Click the '**Parental**' tab and use the checkboxes to disable and restrict items from the iTunes store. You can also set rating levels for music, movies, TV shows and apps using the menus to the right of these items.



BBC iPlayer

Features and Benefits

The Parental Guidance Lock is a safeguard to help you control which BBC audio and video content your children can listen to or watch online. When activated they will not be able to play Guidance-labelled content.

What restrictions can I apply?

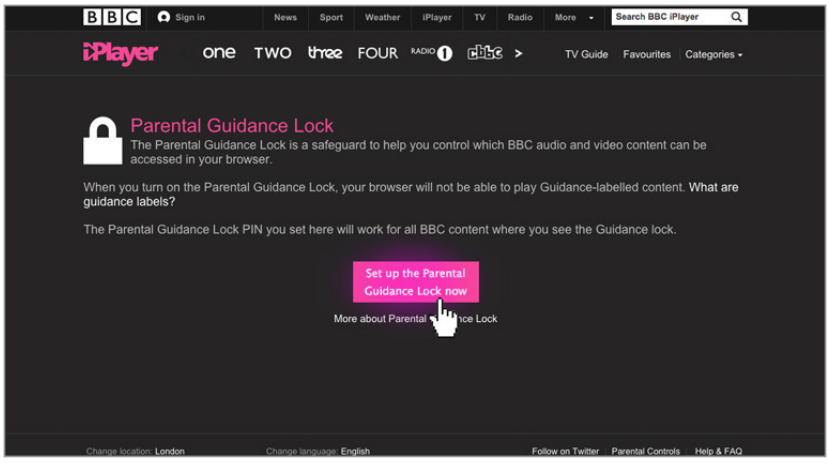
Inappropriate Content

What do I need?

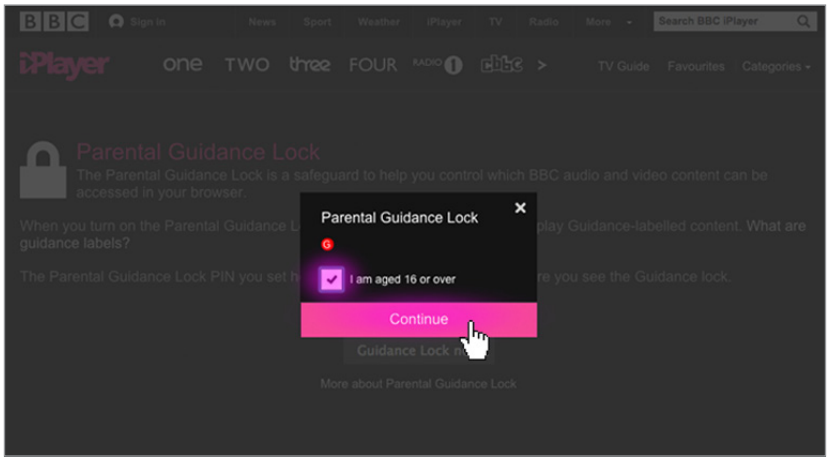
Nothing

Step-By-Step

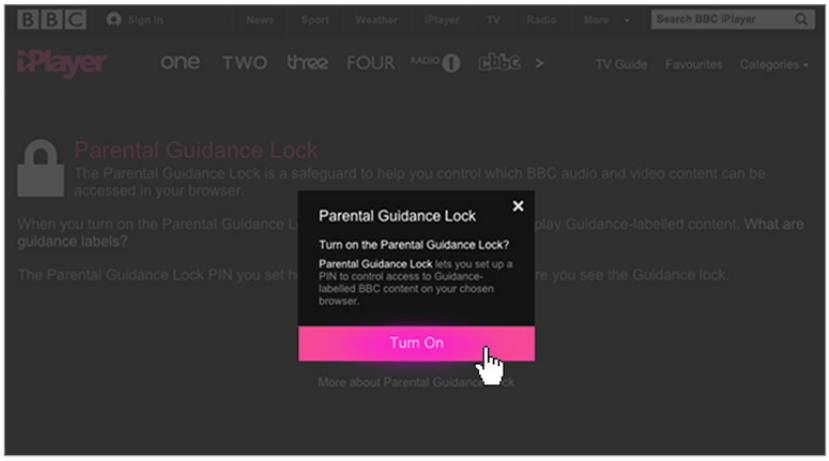
1. Go to the bbc.co.uk/iplayer/guidance and click on the '**Set up the Parental Guidance Lock now**' button.



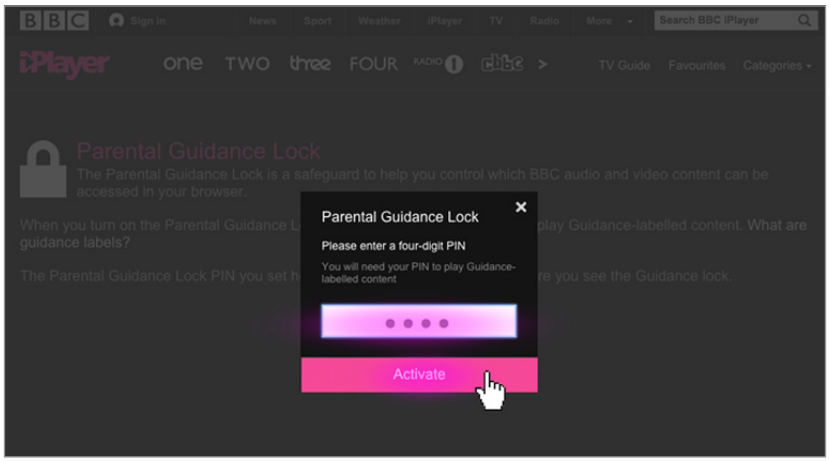
2 Check the box and click '**Continue**'.



3 Click the '**Turn On**' button.



4 You will now have to create a 4-digit pin code. This will be required whenever an age restricted show is trying to be accessed.



Sky Go

Features and Benefits

Sky Go allows you to use PIN-protected parental controls that are separate to any that apply to your Sky TV subscription. Its features include an age rating filter, making sure your children can only access appropriate content.

What restrictions can I apply?

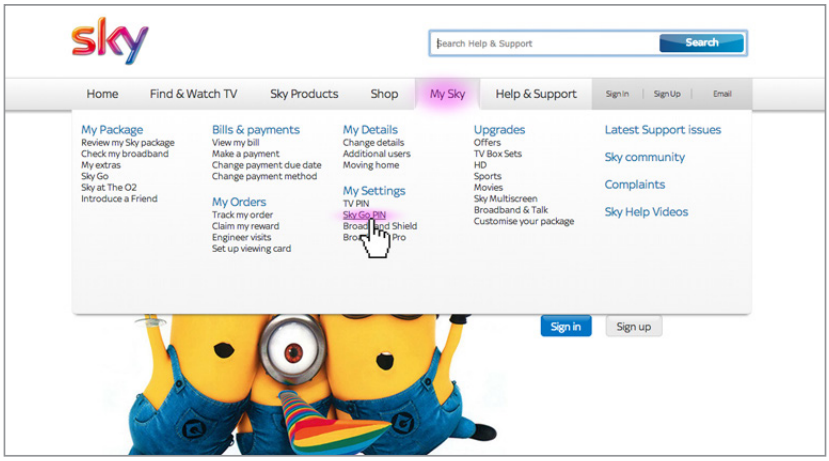
Inappropriate Content

What do I need?

A Sky ID (Username and Password)
If you haven't signed up, you will need a contact email address and your Sky account number, or your Direct Debit details.

Step-By-Step

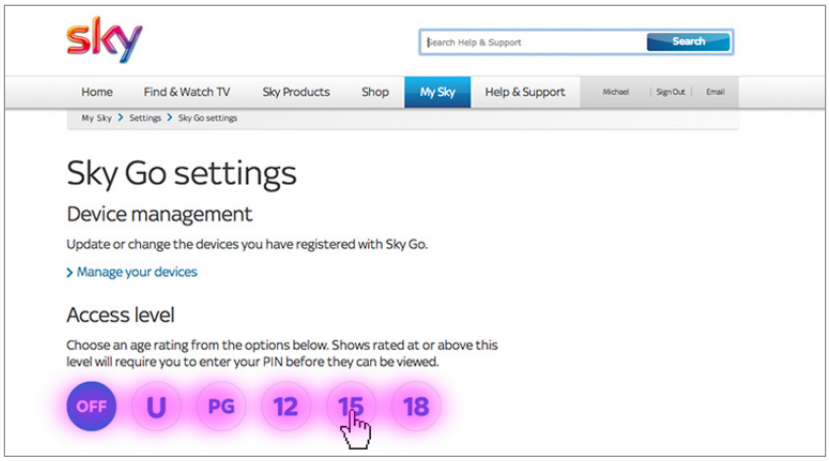
1. Go to sky.com, hover over the '**My Sky**' tab and select '**Sky Go PIN**'.



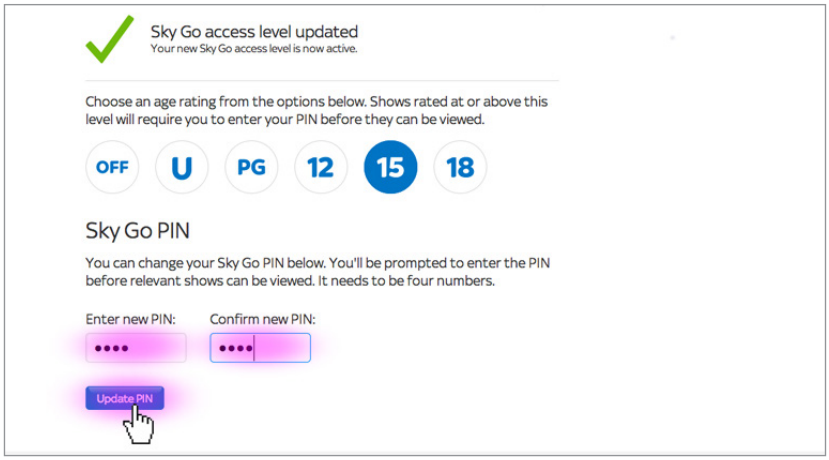
2 Log in to your Sky account using your Sky ID and Password. If you haven't got an account click the '**Sign up**' button.



3 Here you can choose the access level for all of your Sky Go devices.



4 Select a level and then create a 4 digit PIN code. This will be requested when accessing content through Sky Go.



PS3

Features and Benefits

The PS3 Parental Controls allow you to restrict games and DVDs with mature content, use of the internet browser and how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



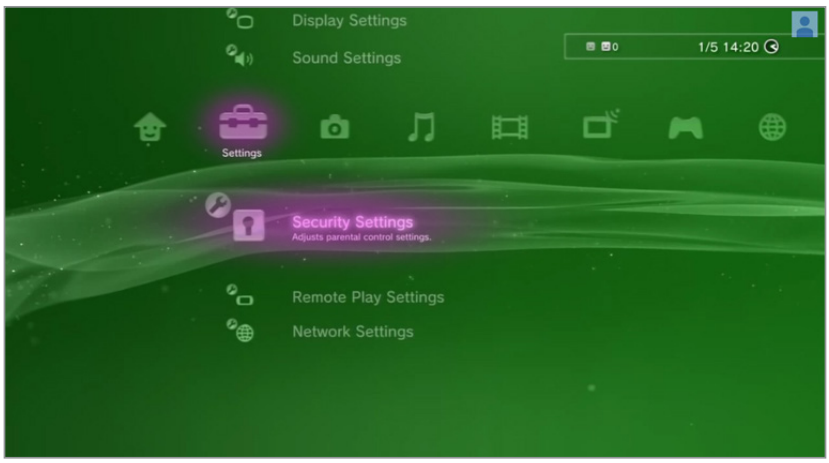
Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy

What do I need?

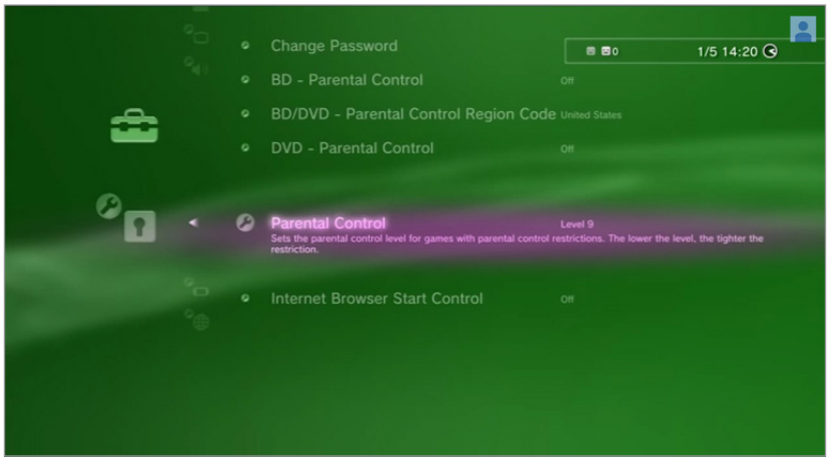
Nothing

Step-By-Step

1. With your console switched on go to the '**Settings**' menu and select '**Security Settings**'.



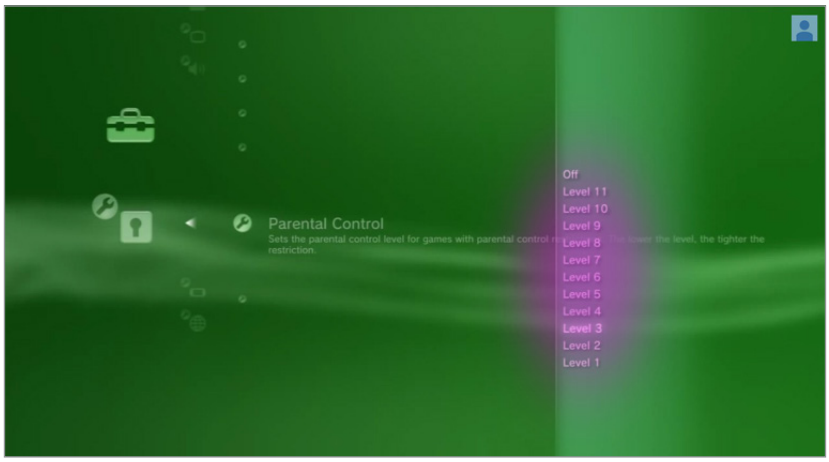
2 Scroll down through the menu and select '**Parental Control**'.



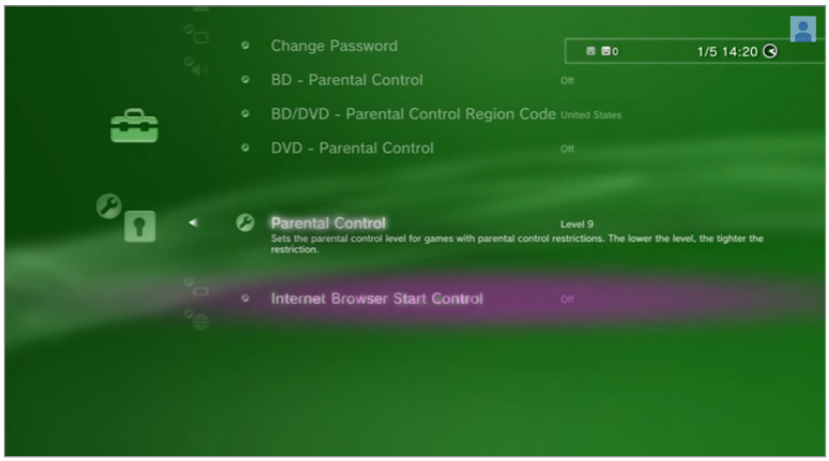
3 You'll be asked to enter your password to change the settings. If you haven't yet created one, by default it will be **0000**.



4 You are now able to choose a gaming level. The lower the level, the tighter the gaming restriction.



5 To restrict access to the internet browser, go back to the '**Security Settings**' menu and select '**Internet Browser Start Control**'. Turning this on will require a passcode to access the internet.

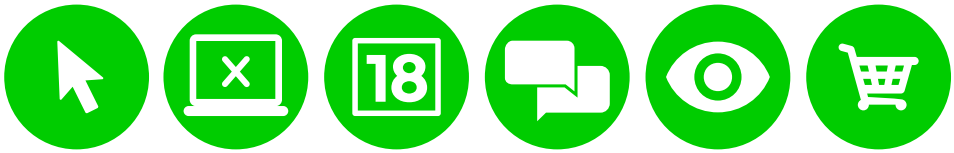


PS4

Features and Benefits

The PS4 Parental Controls allow you to restrict games and applications that have mature content. You can disable the internet browser, customise content displayed in the PlayStation Store and restrict how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

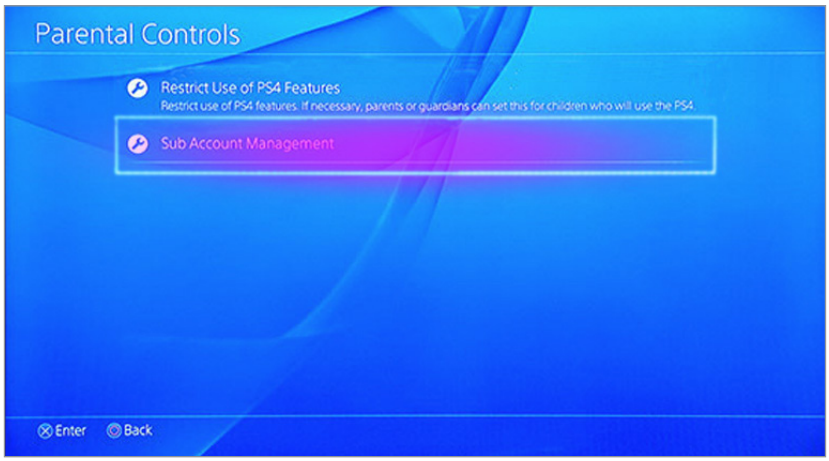
A PlayStation Master account

Step-By-Step

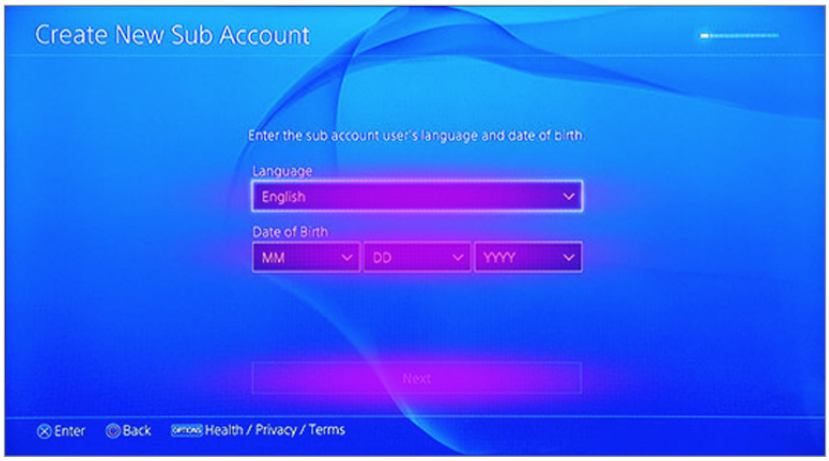
1. With your console switched on go to the '**Settings**' menu and select '**Parental Controls**'.



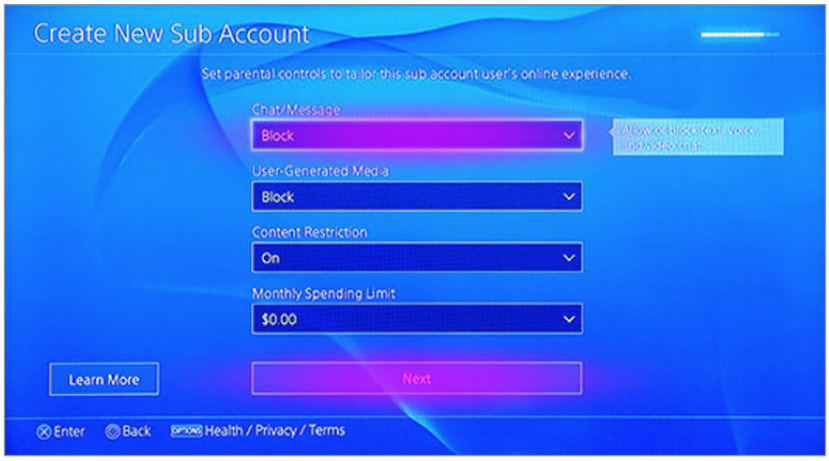
2 If you'd like to restrict the PS4 for your child select '**Sub Account Management**', or if you'd like to restrict the PS4 for all users skip to step 5.



3 Follow the on screen instructions to create a new sub account for your child.



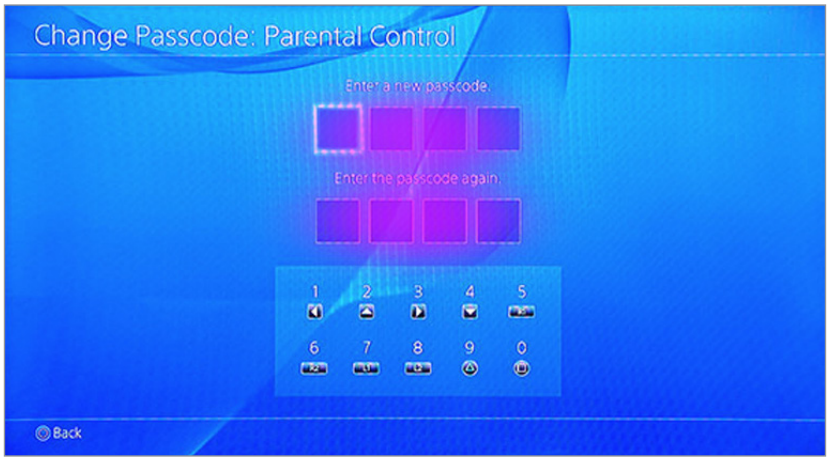
4 After entering your details you'll be able to choose what functionality you'd like to block when this account is active.



5 When you're done go back to the '**Parental Controls**' menu and select '**Restrict Use of PS4 Features**'. Here you can determine exactly what kind of content your child can access.



6 To make changes simply enter your 4-digit passcode. If you haven't yet created one, by default it will be **0000**. Afterwards follow the on screen instructions and change the settings to suit your family needs.



PS Vita

Features and Benefits

With the PS Vita Parental Controls you can make the handheld console safer for your children by limiting the system features. This includes restricting games or videos with mature content, disabling the internet browser and blocking adult sites, preventing location data from being shared and restricting how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



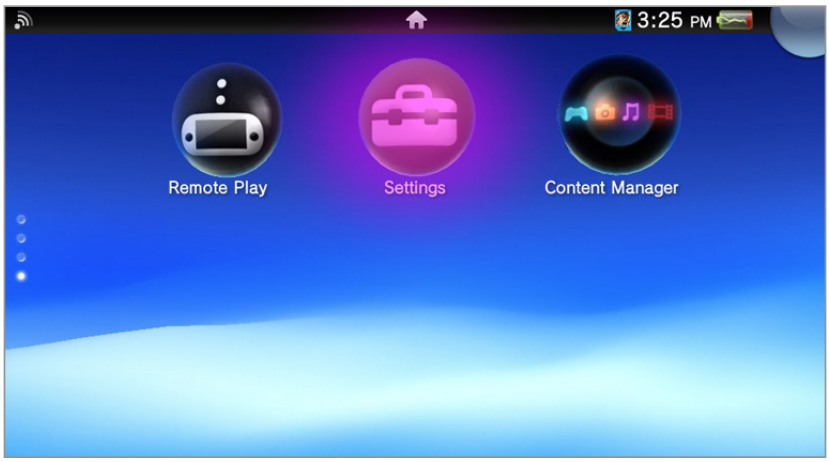
Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy

What do I need?

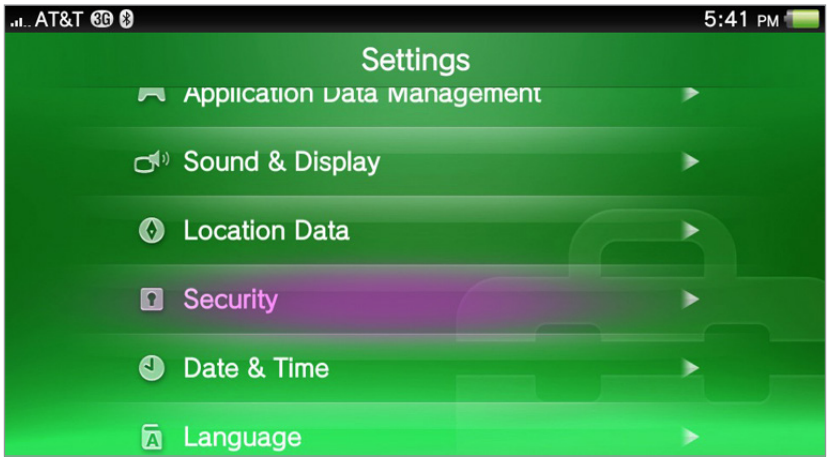
Nothing

Step-By-Step

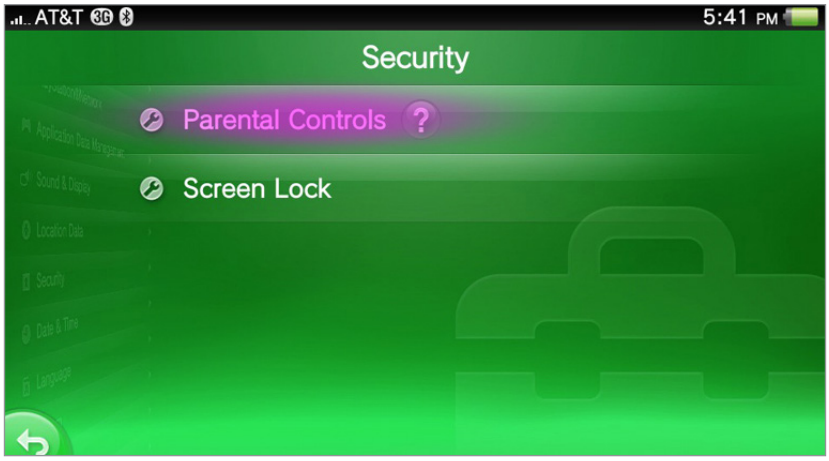
1. On the PS Vita home screen select the '**Settings**' icon.



2 Scroll down the menu and select '**Security**'.



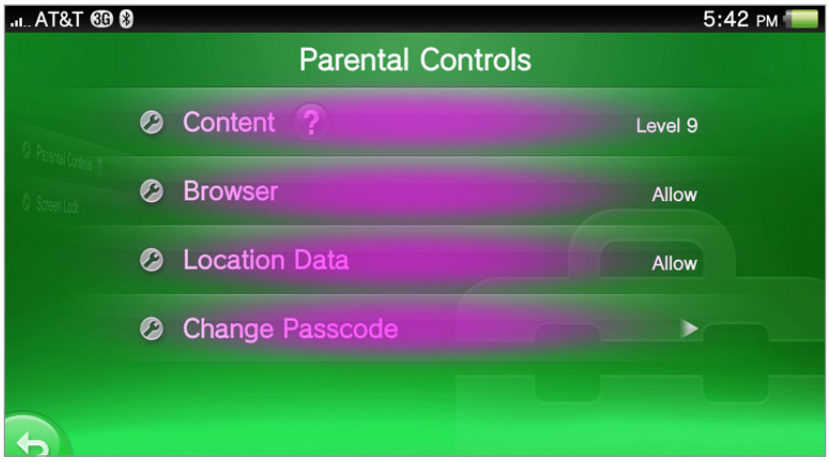
3 Now select '**Parental Controls**'.



4 To change the settings you must enter a passcode. This will be required if you'd like to make changes in the future.



5 Select filters and change your settings to suit your family needs.



6 Newer PS Vita models may have a '**Parental Controls**' icon on the home screen. This will just fast track you straight to the privacy selection screen.

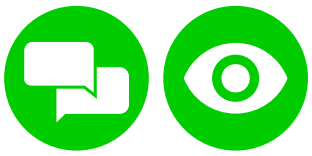


PlayStation Network

Features and Benefits

The PlayStation Network can be restricted through the master account of your PS4 or PS3 using standard parental controls. With it you can restrict how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



Chatting Privacy

What do I need?

Nothing

Step-By-Step

Turn to the next page for the PS3 and PS4 Step by Step Guides.

PS3

Features and Benefits

The PS3 Parental Controls allow you to restrict games and DVDs with mature content, use of the internet browser and how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



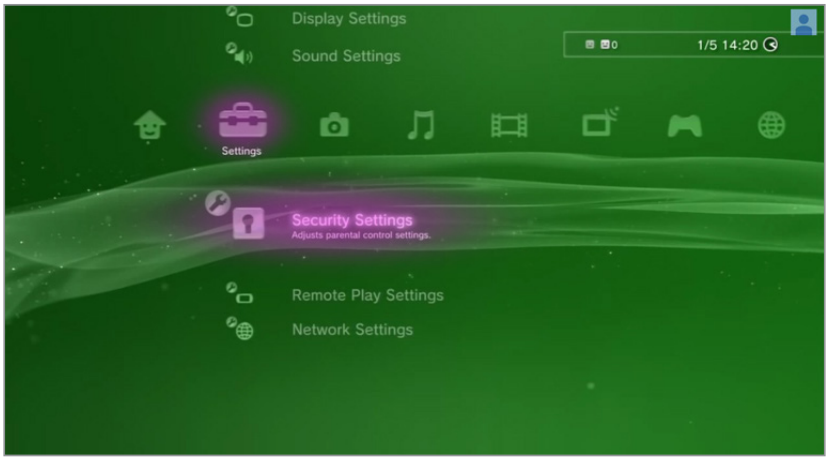
Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy

What do I need?

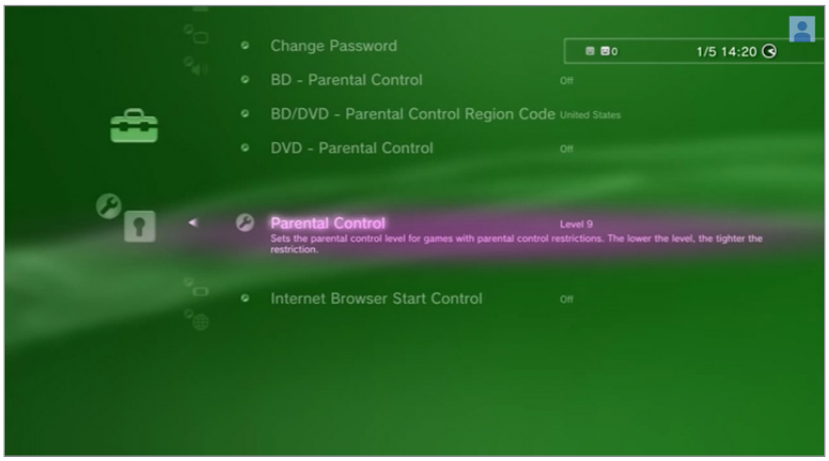
Nothing

Step-By-Step

1. With your console switched on go to the '**Settings**' menu and select '**Security Settings**'.



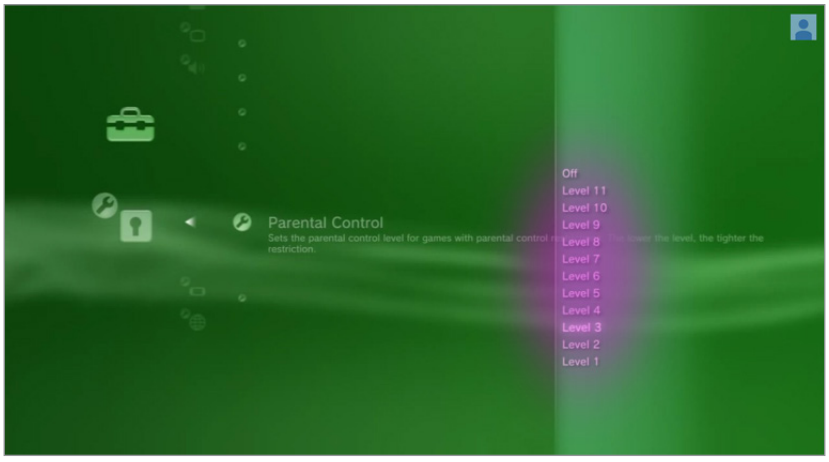
2 Scroll down through the menu and select '**Parental Control**'.



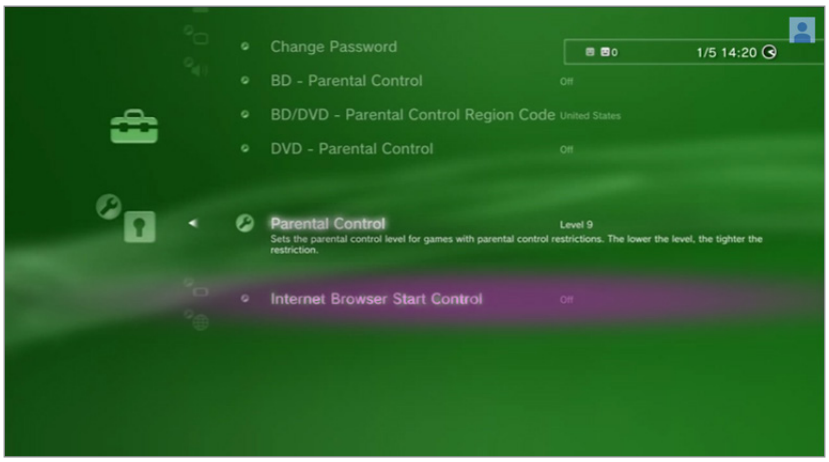
3 You'll be asked to enter your password to change the settings. If you haven't yet created one, by default it will be **0000**.



4 You are now able to choose a gaming level. The lower the level, the tighter the gaming restriction.



5 To restrict access to the internet browser, go back to the '**Security Settings**' menu and select '**Internet Browser Start Control**'. Turning this on will require a passcode to access the internet.

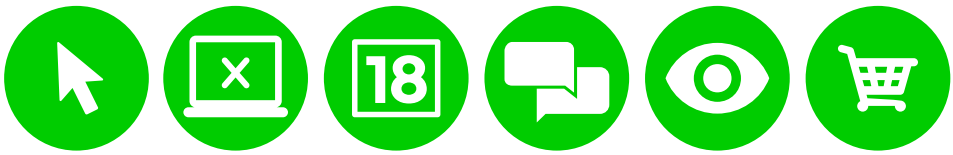


PS4

Features and Benefits

The PS4 Parental Controls allow you to restrict games and applications that have mature content. You can disable the internet browser, customise content displayed in the PlayStation Store and restrict how your child can chat and interact on the PlayStation Network.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

A PlayStation Master account

Step-By-Step

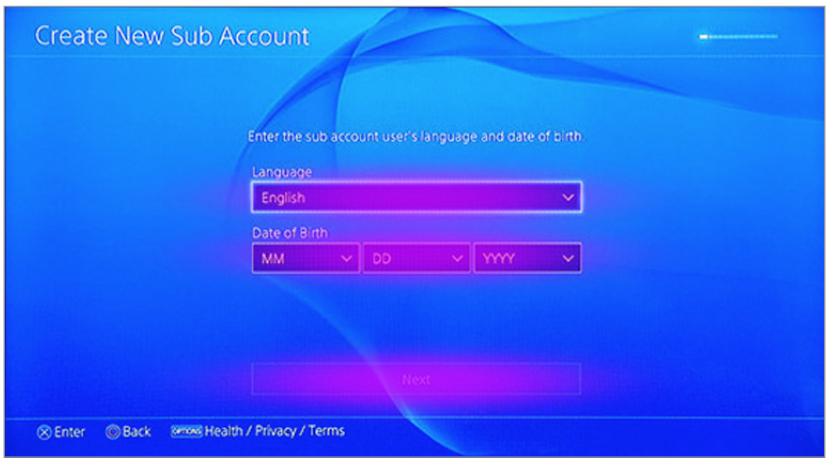
1. With your console switched on go to the '**Settings**' menu and select '**Parental Controls**'.



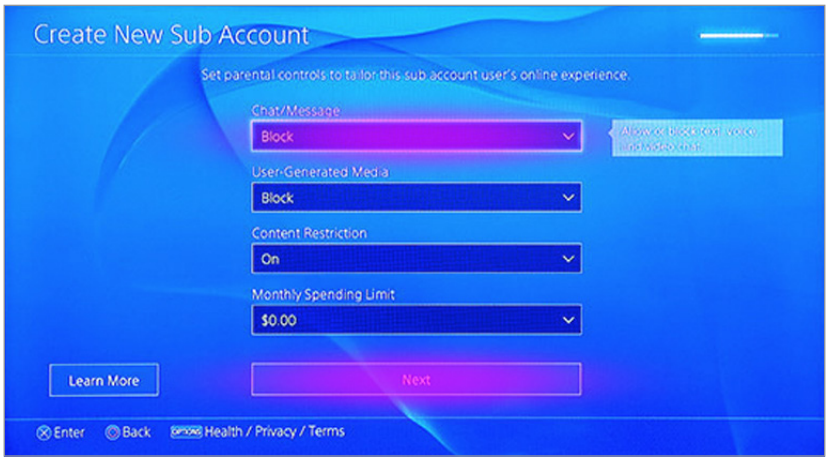
2 If you'd like to restrict the PS4 for your child select '**Sub Account Management**', or if you'd like to restrict the PS4 for all users skip to step 5.



3 Follow the on screen instructions to create a new sub account for your child.



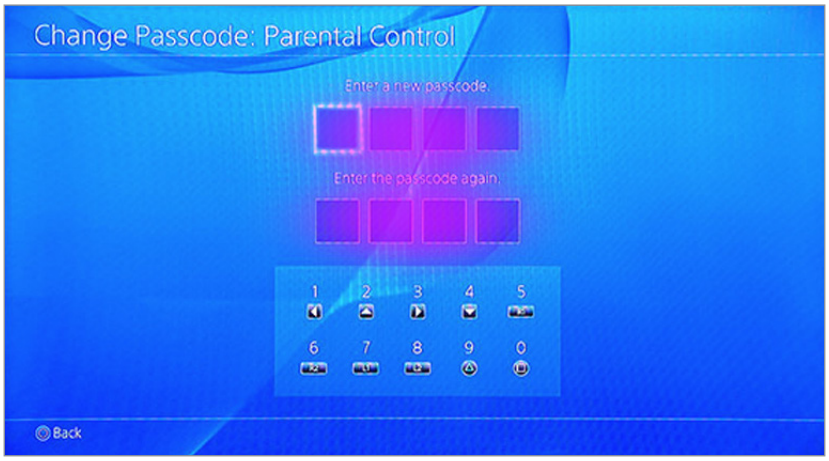
4 After entering your details you'll be able to choose what functionality you'd like to block when this account is active.



5 When you're done go back to the '**Parental Controls**' menu and select '**Restrict Use of PS4 Features**'. Here you can determine exactly what kind of content your child can access.



6 To make changes simply enter your 4-digit passcode. If you haven't yet created one, by default it will be **0000**. Afterwards follow the on screen instructions and change the settings to suit your family needs.

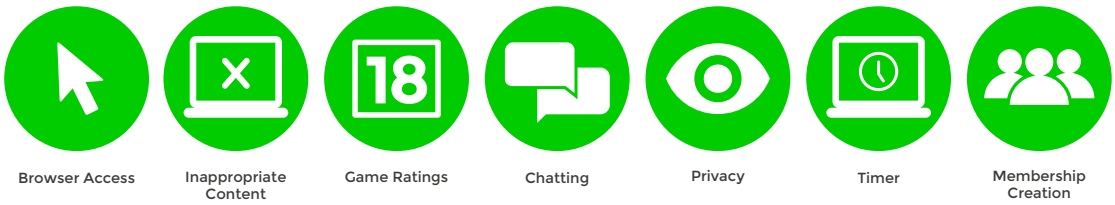


Xbox 360

Features and Benefits

With the Xbox 360 Parental Controls you can restrict access to features like Xbox Live, and specify which games can be played, which films and TV shows can be watched, and how long each family member can use the console on a daily or weekly basis. You can also change the online safety settings, including restricting access to the browser, approving friend requests and blocking chat functions.

What restrictions can I apply?

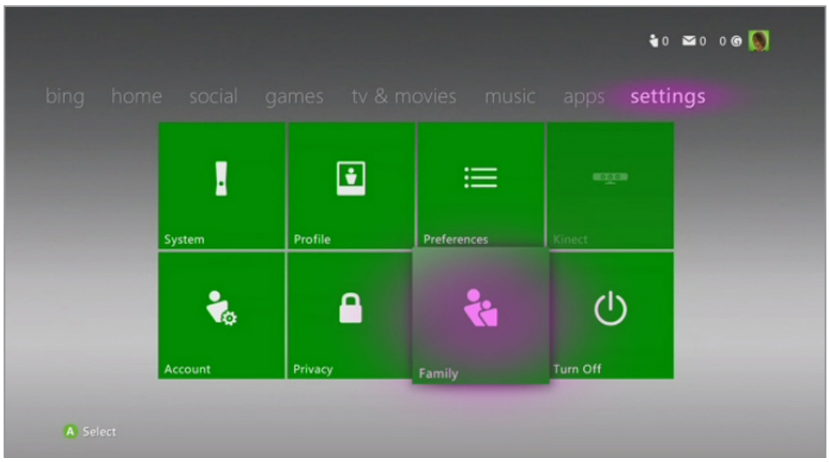


What do I need?

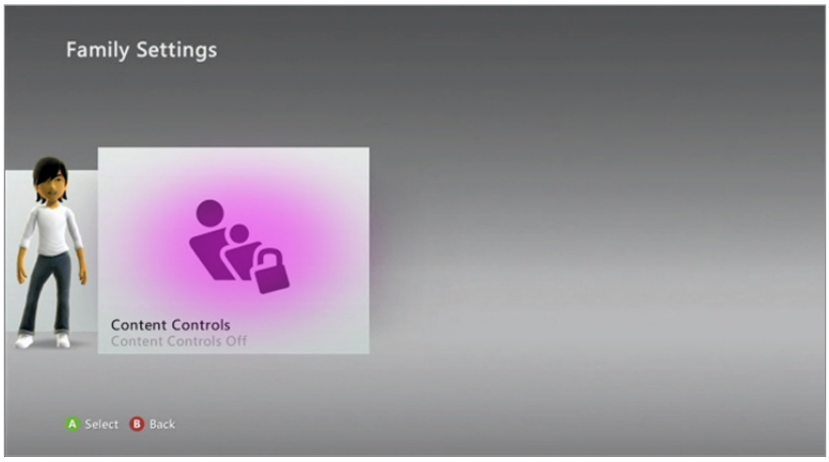
An Xbox 360 account

Step-By-Step

1. With your console switched on go to the settings menu and select '**Family**'.



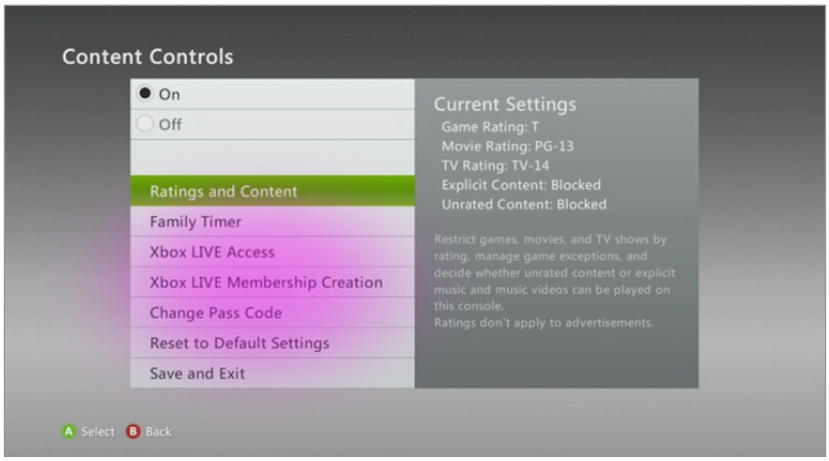
2 Any Child accounts you have will show up here. Scroll across and select the '**Content Controls**' option.



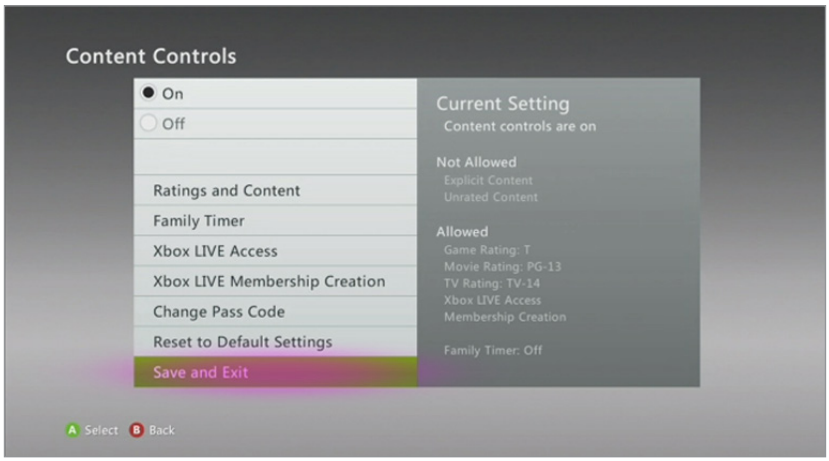
3 Change the settings to '**On**', activating a preset of parental controls.



4 Now you are able to select different options and customise your parental settings.



5 When you're finished select '**Save and Exit**', which will prompt you to create a passcode if you haven't already done so.



Xbox One

Features and Benefits

Parental Controls for Xbox One can be set for each of your children's individual profiles, allowing you to prevent unauthorised purchases, ensure your children only access age appropriate content and restrict the ability to chat to strangers online.

What restrictions can I apply?



Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

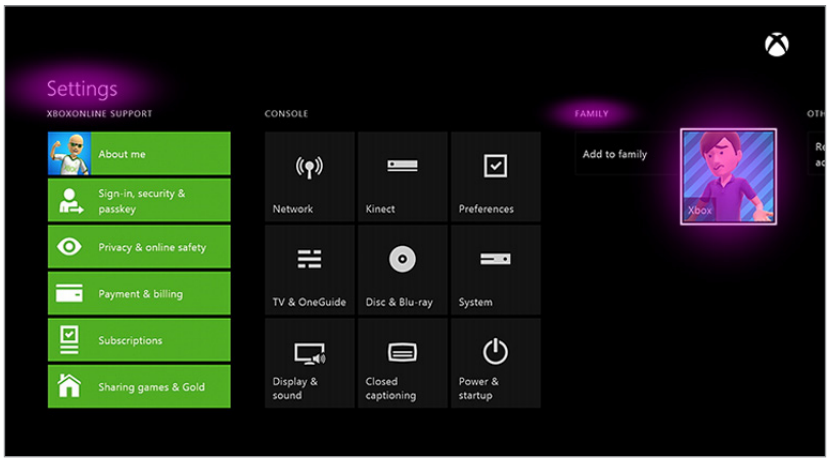
An Xbox One account for your child

Step-By-Step

1. With your console switched on press the '**Menu**' button on your controller.



2 Select the '**Settings**' menu, then scroll across to the '**Family**' section. Now select the child profile you want to modify.



3 There will be a number of default privacy settings you can choose from. Select one and either keep the default settings, or customise them to suit your needs.



Xbox Live

Features and Benefits

Xbox Live Privacy Settings allow you to control how your child interacts with other players online and how much content they're exposed to. You can also add Individual Xbox Live restrictions through your Xbox 360 and Xbox One settings.

What restrictions can I apply?

Inappropriate Content

Game Ratings

Chatting

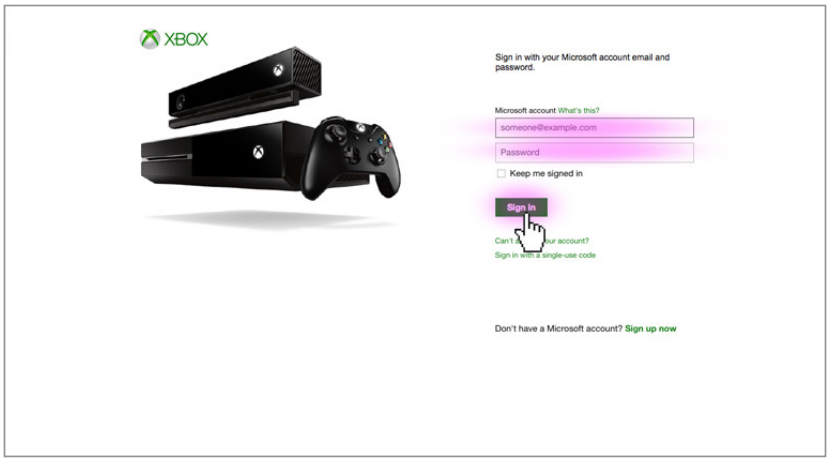
Privacy

What do I need?

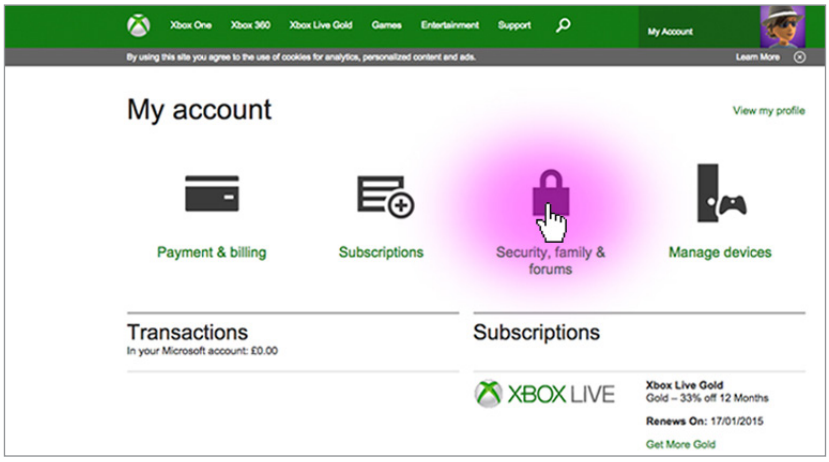
An Xbox account (Email address and Password)

Step-By-Step

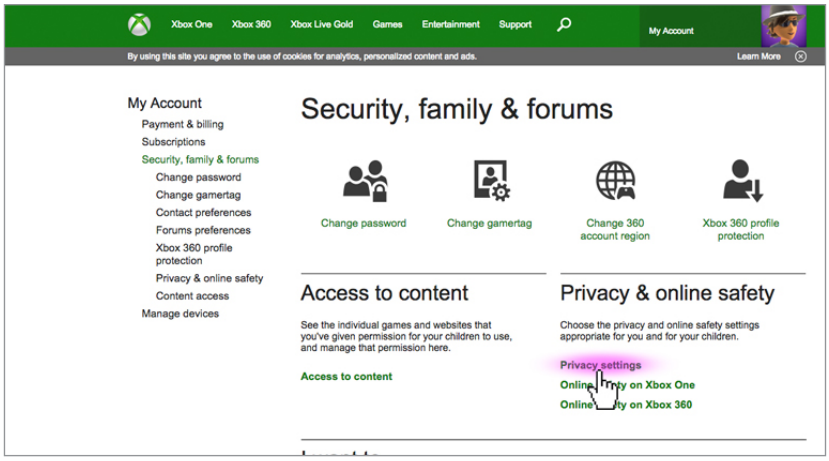
1. Go to live.xbox.com/account and sign into the Xbox Live account using the Email address and Password.



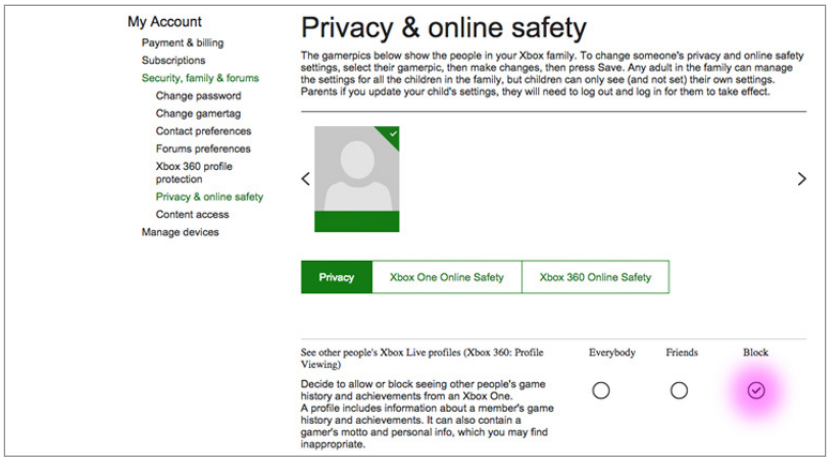
2 On your account home screen click on the '**Security, family & forums**' icon.



3 Click on the '**Privacy settings**' button.



4 Select your protection level in each category to suit your family needs.



Wii

Features and Benefits

The Wii Parental Controls allow you to restrict games with mature content, disable the internet browser, and customise how your child can interact on the Wii Shop Channel.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

Nothing

Step-By-Step

1. With your console switched on select the '**Wii Options**' icon in the bottom left corner of the screen.



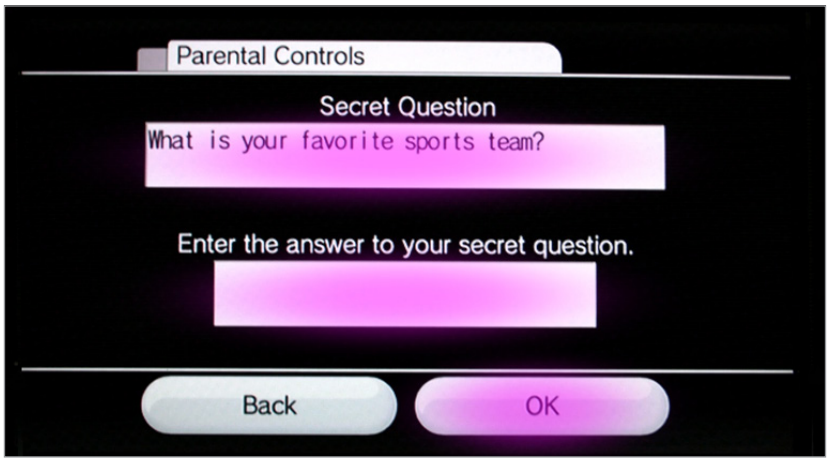
2 On the next screen select '**Wii Settings**', then scroll across the menu and select '**Parental Controls**'.



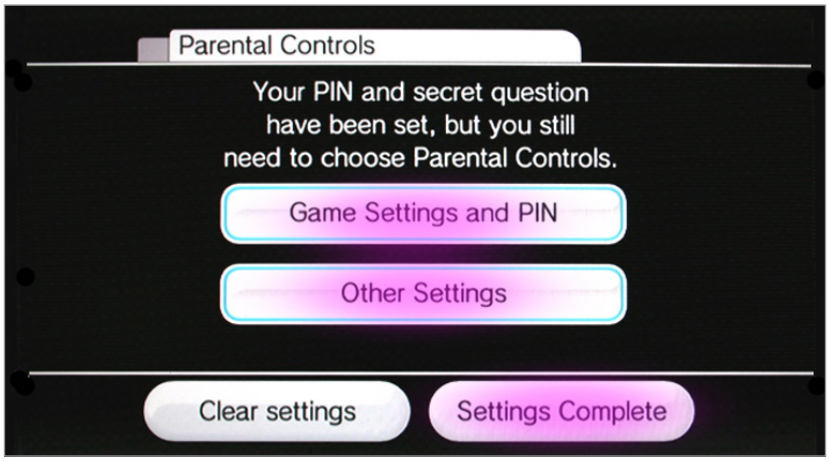
3 Follow the on screen instructions until you are asked to enter a 4-digit PIN code. This will be used to make changes in the future.



4 Select a secret question, which will be used if you forget your PIN code.



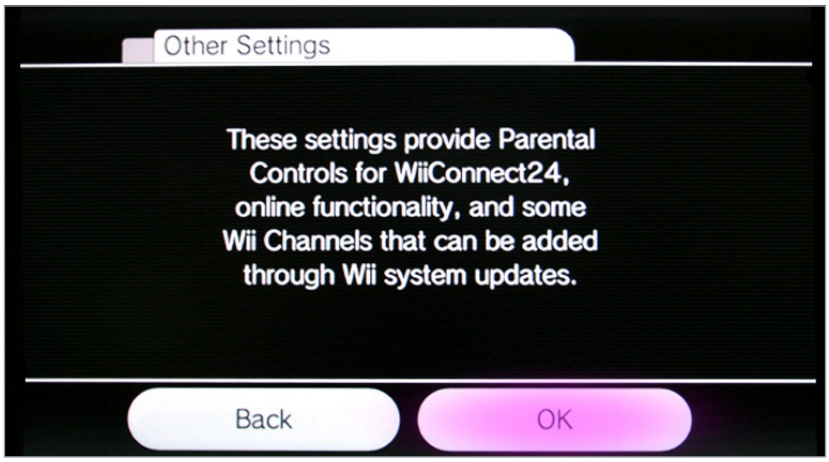
5 You can now restrict the Wii features. Start by selecting '**Game Settings and PIN**'.



6 Here you can filter the Wii's game rating by selecting the '**Highest Game Rating Allowed**' section. When you are done select '**Confirm**' to save your settings and return to the previous screen.



7 Select '**Other Settings**' and you will be able to restrict the Wii's online access.

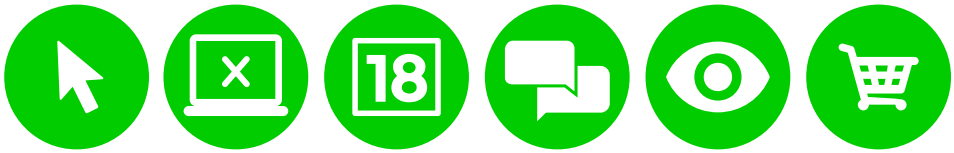


WiiU

Features and Benefits

The WiiU Parental Controls allow you to set restrictions for each family member, giving control over what games can be played or downloaded, how your children can search and interact online, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

Nothing

Step-By-Step

1. With your console switched on select the '**Parental Controls**' icon on the WiiU remote screen.



2 Create a 4-digit PIN code that will be used to make changes in the future.



3 Select '**Parental Controls Settings**'.



4 Choose the gaming profile you wish to restrict, and then change the settings to suit your family needs.

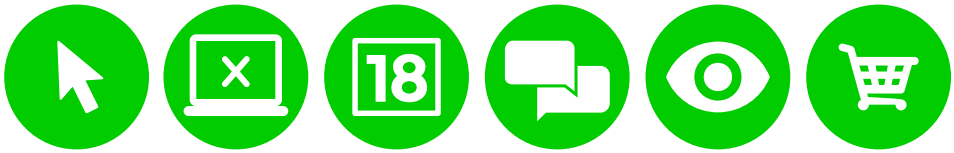


3DS

Features and Benefits

The 3DS and 2DS Parental Controls allow you to set restrictions on the games that can be played or downloaded, how your children can search and interact online, the images and audio that can be shared, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

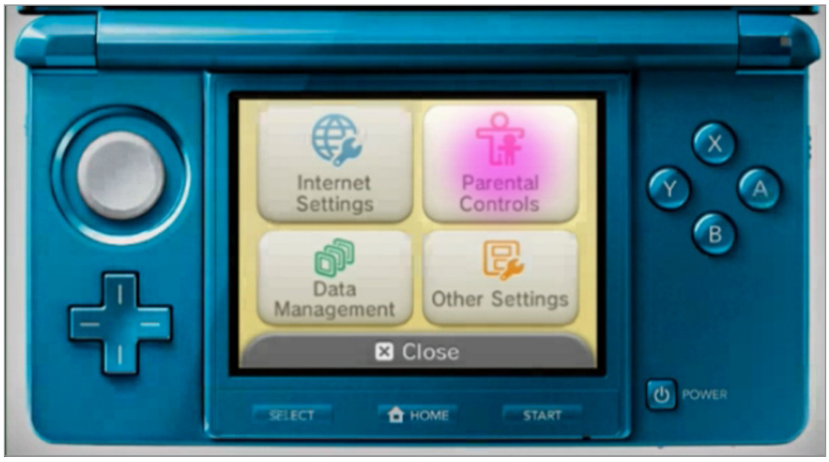
Nothing

Step-By-Step

1. With your device switched on select the '**System Settings**' icon from the '**HOME Menu**'.



2 Select '**Parental Controls**' and then follow the on screen instructions.



3 Create a 4-digit PIN code that will be used to make changes in the future.



4 Select a secret question, which will be used if you forget your PIN code.



5 By default all parental controls will be activated. If you would like to customise them select '**Parental Controls Settings**'.



6 Here you can individually configure the settings to your needs by selecting the separate topics.

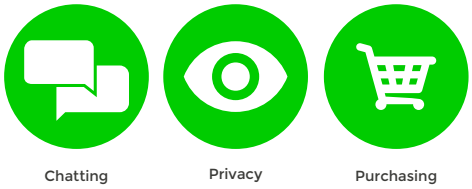


Nintendo Network

Features and Benefits

The Nintendo Network can be restricted through the WiiU or 3DS standard parental controls. With it you can restrict how your child can chat, interact and share on the Nintendo Network.

What restrictions can I apply?



What do I need?

Nothing

Step-By-Step

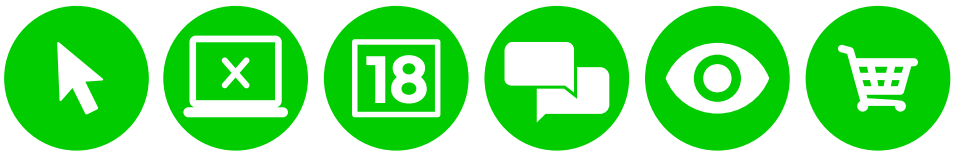
Turn to the next page for the WiiU and 3DS Step by Step Guides.

WiiU

Features and Benefits

The WiiU Parental Controls allow you to set restrictions for each family member, giving control over what games can be played or downloaded, how your children can search and interact online, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

Nothing

Step-By-Step

1. With your console switched on select the '**Parental Controls**' icon on the WiiU remote screen.



2 Create a 4-digit PIN code that will be used to make changes in the future.



3 Select '**Parental Controls Settings**'.



4 Choose the gaming profile you wish to restrict, and then change the settings to suit your family needs.

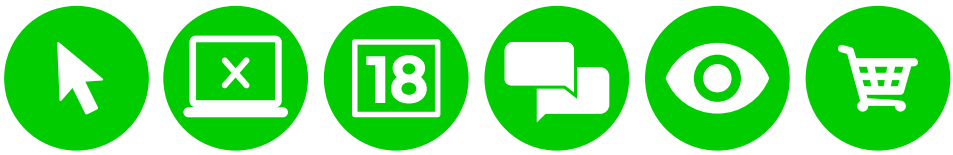


3DS

Features and Benefits

The 3DS and 2DS Parental Controls allow you to set restrictions on the games that can be played or downloaded, how your children can search and interact online, the images and audio that can be shared, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

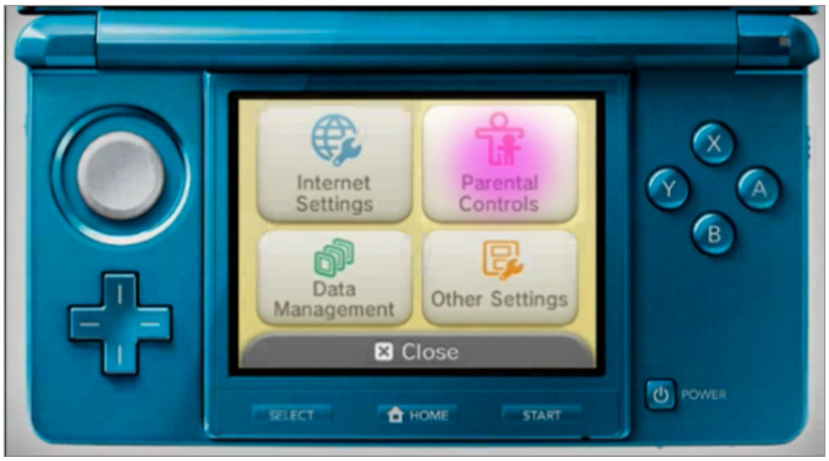
Nothing

Step-By-Step

1. With your device switched on select the '**System Settings**' icon from the '**HOME Menu**'.



2 Select '**Parental Controls**' and then follow the on screen instructions.



3 Create a 4-digit PIN code that will be used to make changes in the future.



4 Select a secret question, which will be used if you forget your PIN code.



5 By default all parental controls will be activated. If you would like to customise them select '**Parental Controls Settings**'.



6 Here you can individually configure the settings to your needs by selecting the separate topics.

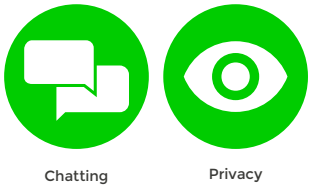


Miiverse

Features and Benefits

The Miiverse can be restricted through the WiiU or 3DS standard parental controls. With it you can restrict how your child can chat, interact and share in the Miiverse.

What restrictions can I apply?



Chatting Privacy

What do I need?

Nothing

Step-By-Step

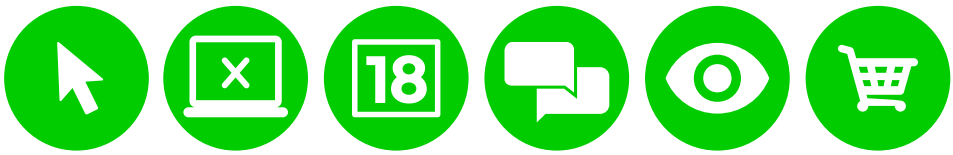
Turn to the next page for the WiiU and 3DS Step by Step Guides.

WiiU

Features and Benefits

The WiiU Parental Controls allow you to set restrictions for each family member, giving control over what games can be played or downloaded, how your children can search and interact online, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

Nothing

Step-By-Step

1. With your console switched on select the '**Parental Controls**' icon on the WiiU remote screen.



2 Create a 4-digit PIN code that will be used to make changes in the future.



3 Select '**Parental Controls Settings**'.



4 Choose the gaming profile you wish to restrict, and then change the settings to suit your family needs.

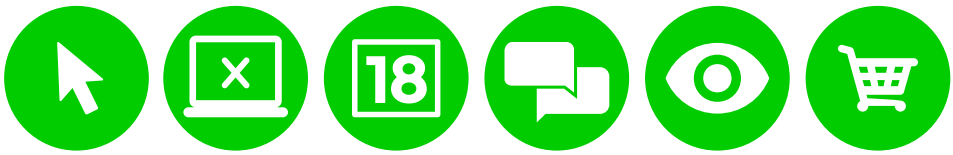


3DS

Features and Benefits

The 3DS and 2DS Parental Controls allow you to set restrictions on the games that can be played or downloaded, how your children can search and interact online, the images and audio that can be shared, and also what they can access in the Miiverse.

What restrictions can I apply?



Browser Access | Inappropriate Content | Game Ratings | Chatting | Privacy | Purchasing

What do I need?

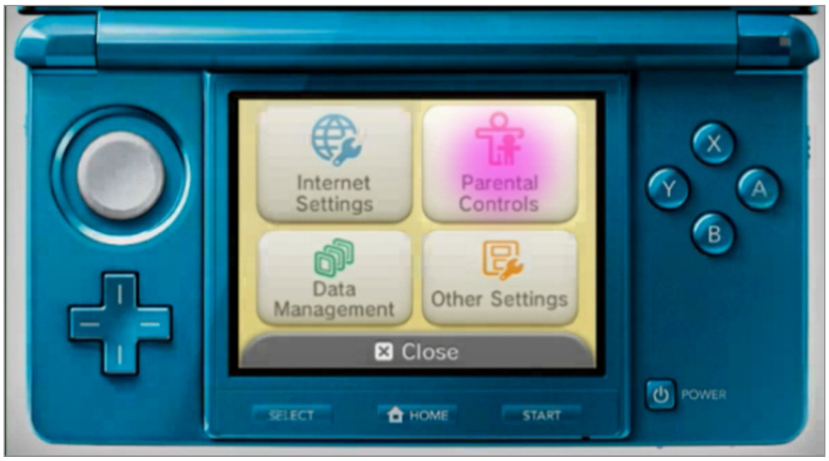
Nothing

Step-By-Step

1. With your device switched on select the '**System Settings**' icon from the '**HOME Menu**'.



2 Select '**Parental Controls**' and then follow the on screen instructions.



3 Create a 4-digit PIN code that will be used to make changes in the future.



4 Select a secret question, which will be used if you forget your PIN code.



5 By default all parental controls will be activated. If you would like to customise them select '**Parental Controls Settings**'.



6 Here you can individually configure the settings to your needs by selecting the separate topics.



3

Features and Benefits

All Pay As You Go 3 mobiles block adult content automatically but if your child has a Pay Monthly contract then you can choose to block adult content when their smartphone is not connected to the home WiFi.

What restrictions can I apply?

Inappropriate Content

What do I need?

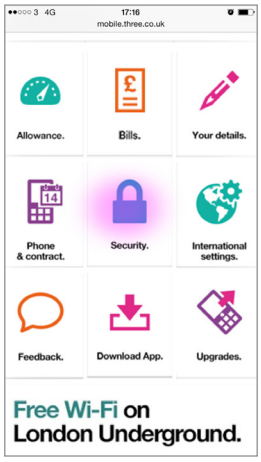
A credit card to verify you're over 18

Step-By-Step

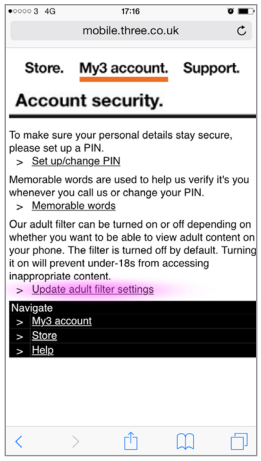
1. On your child's smartphone, go to mobile.three.co.uk and select '**My3 account**'.



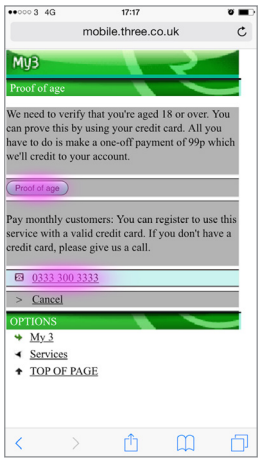
2 Scroll down and select the '**Security**' icon.



3 Select '**Update adult filter settings**'.



4 You will now have to use a credit card to prove your age. Afterwards you will be able to restrict the adult content and create a PIN code for future changes.



Vodafone Content Control

Features and Benefits

Vodafone Content Control allows the account holder to block adult content when the device is using the mobile network out of the home (the default is 18+). In addition they also offer the Vodafone Guardian App for Android devices, allowing you to control the calls and texts to and from specific numbers, and store inappropriate bullying messages in a secure folder for evidence.

What restrictions can I apply?



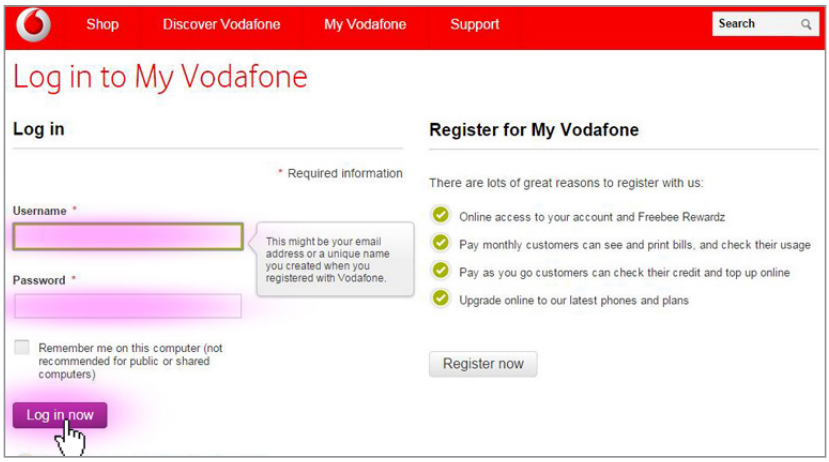
Inappropriate Content | Calls | Chatting

What do I need?

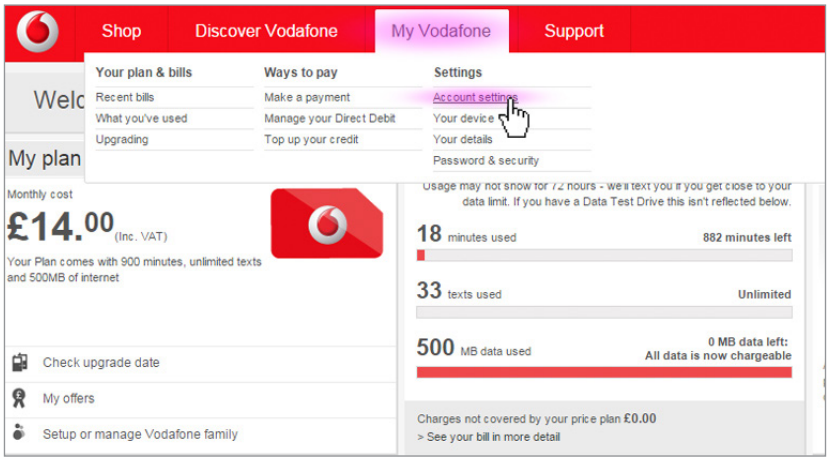
A credit card to verify you're over 18
A My Vodafone account (Username and Password)
If you haven't signed up, you will need a contact email address, mobile number and Vodafone account number

Step-By-Step

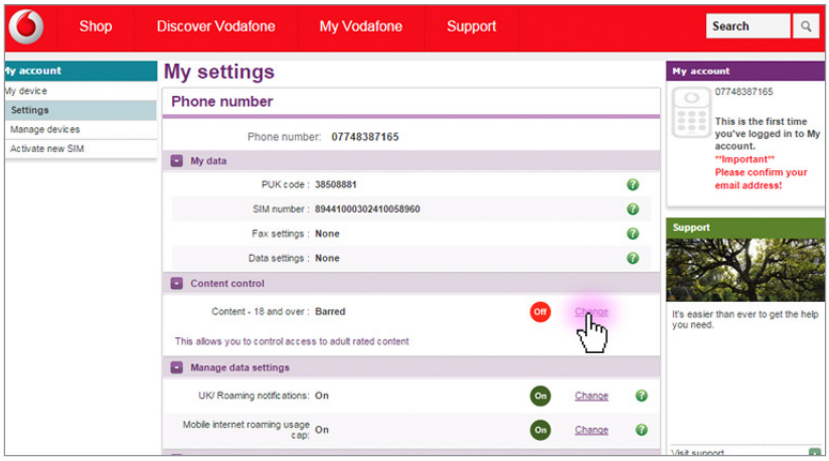
1. Go to vodafone.co.uk and log in to My Vodafone using your Username and Password. If you haven't got an account click the '**Register now**' button.



2 Hover over the '**My Vodafone**' tab and click on '**Account settings**'.

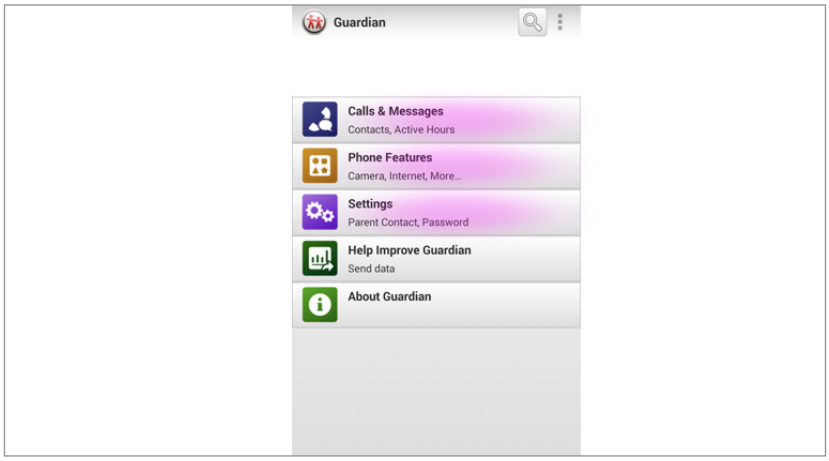


3 Scroll down to the '**Content control**' section and click on '**Change**'.

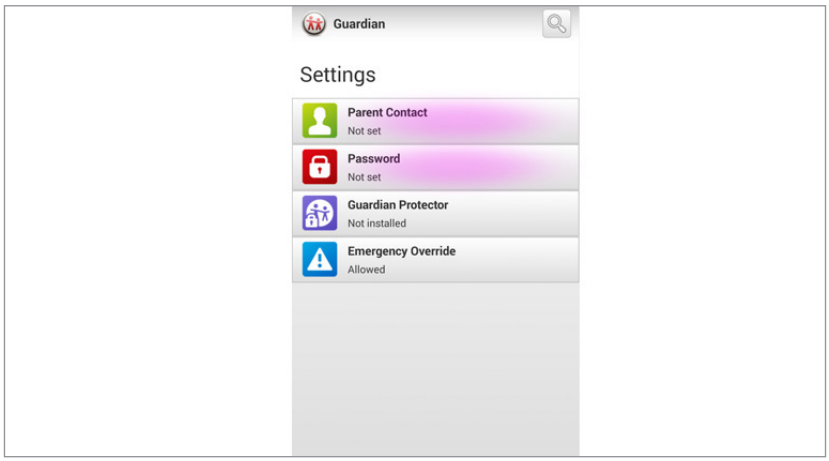


A confirmation email will be sent to confirm the changes, and you may need to switch the handset off and on to ensure the change is registered.

4 If your child has an Android smartphone, download the '**Vodafone Guardian App**' from the '**Google Play Store**'.



5 Customise settings to protect your child's phone, then add a '**Password**' to prevent changes and a '**Parent Contact**' to notify you of any emergency calls.



EE Content Lock

Features and Benefits

The EE Content Lock default is set to Moderate to block adult content but allow access to social networking. You can also apply the Strict setting to block adult content and also un-moderated social networking, chat and dating sites. Content blocking will only work when the device is using the mobile network, not the home WiFi.

What restrictions can I apply?



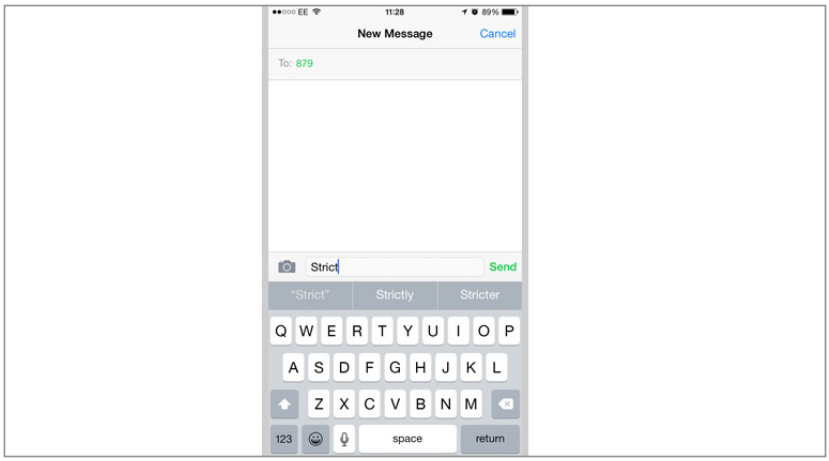
Inappropriate Content | Social Networking | Chatting

What do I need?

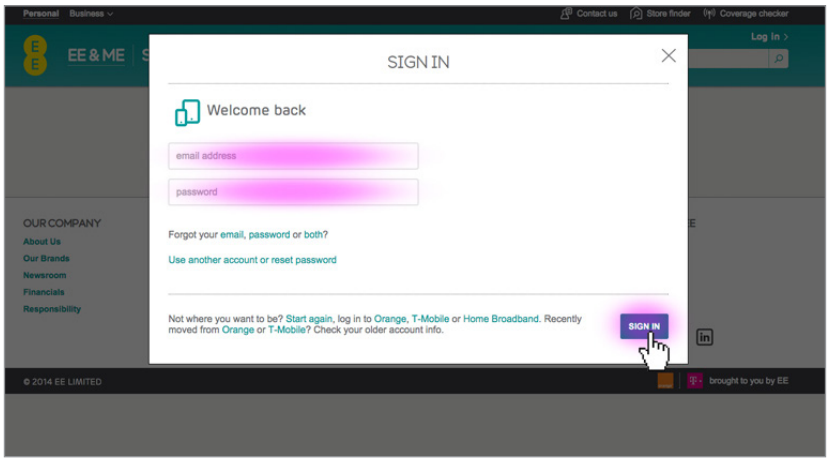
A credit card to verify you're over 18
An EE account (Email address and Password)

Step-By-Step

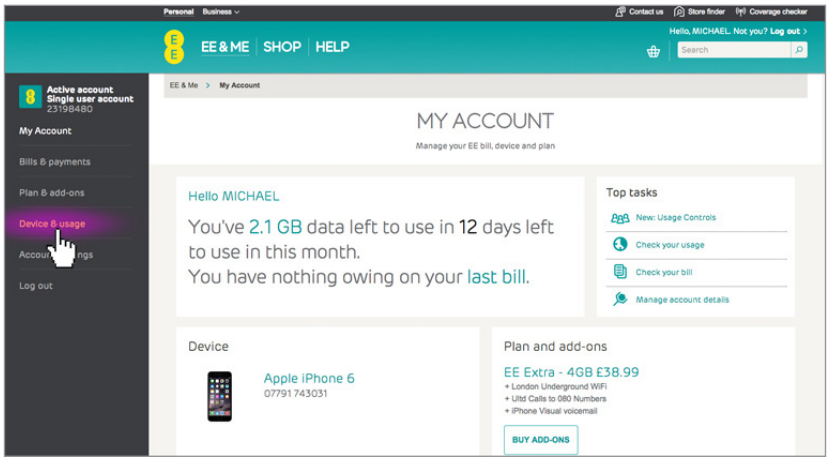
1. To turn Content Lock on simply text '**Strict**' or '**Moderate**' to 879, or call 1818 from your child's mobile phone.



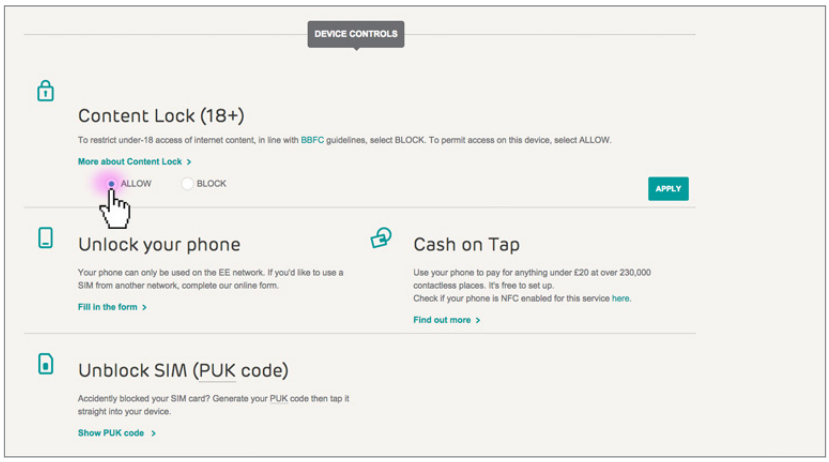
2 Alternatively you can go to myaccount.ee.co.uk/login-dispatch and log in using the Email address and Password.



3 In the navigation panel click on '**Device & usage**'.



4 Scroll down to the '**Manage this device**' section and turn on '**Content Lock**'.



O2 Parental Controls

Features and Benefits

O2 Parental Controls allow the account holder to block adult content when the device is using the mobile network out of the home (the default is 18+). Additionally you can also only allow access to sites classified as suitable for under 12's.

What restrictions can I apply?

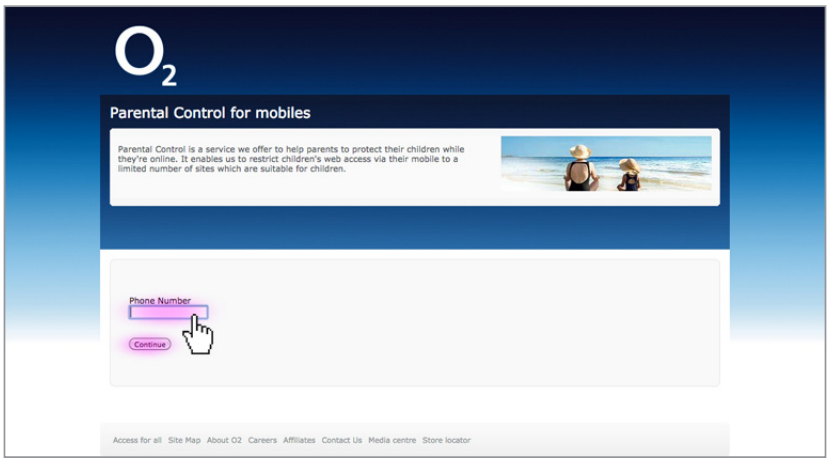
Inappropriate Content

What do I need?

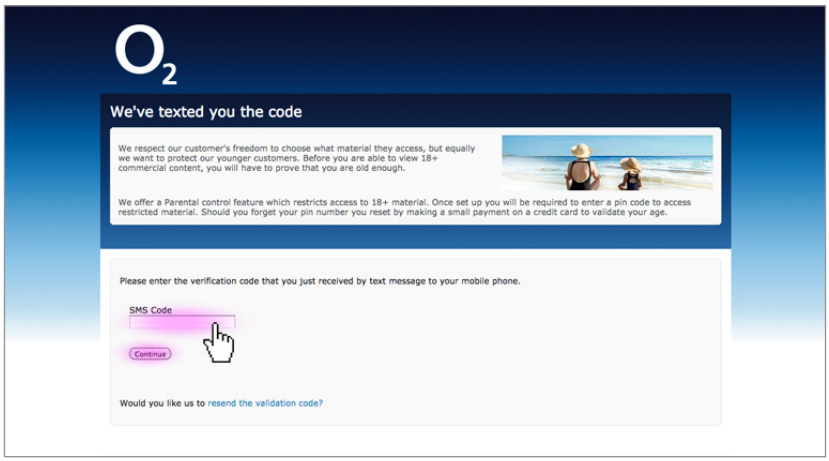
A credit card to verify you're over 18

Step-By-Step

1. To turn parental controls on simply call 61818 from your child's mobile phone or visit parentalcontrol.o2.co.uk and type in your child's phone number.



2 You will receive a verification code to type into the box on screen. You will then be asked to prove your age with a credit card to enable the parental controls.



Tesco Mobile

Features and Benefits

All Tesco mobiles are set to restrict access to adult content, but you can also choose to restrict content suitable for 12+. Content blocking will only work when the device is using the mobile network, not the home WiFi.

What restrictions can I apply?

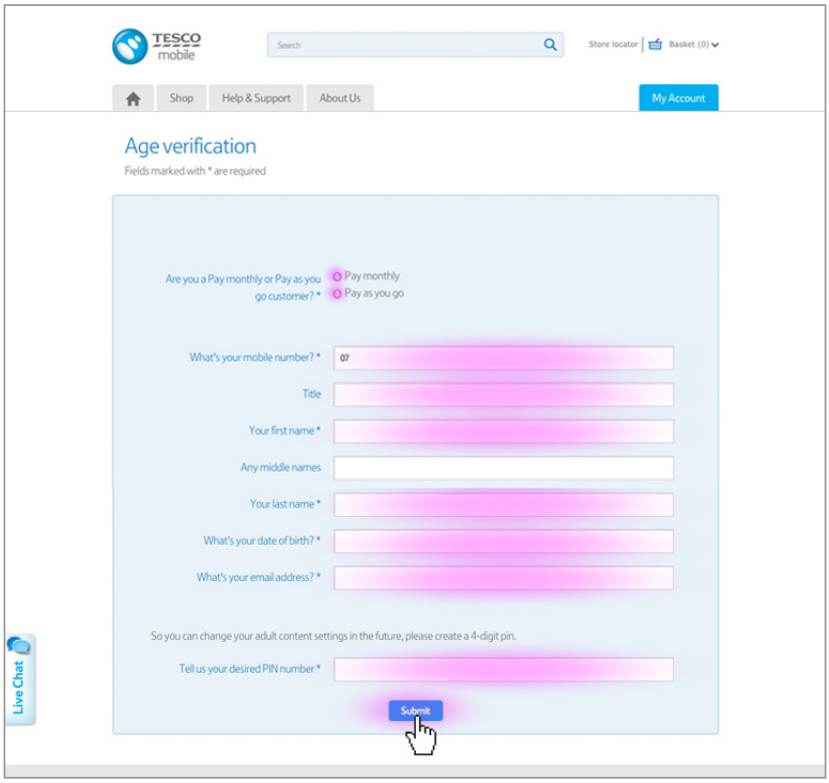
Inappropriate Content

What do I need?

A credit card to verify you're over 18

Step-By-Step

1. To turn parental controls on simply call 282 from your child's mobile phone or visit the secure.tescomobile.com/contact-us/form/age-verification secure page and fill in the form to restrict access without a credit card.



Virgin Mobile Parental Controls

Features and Benefits

Virgin Mobile Parental Controls allow the account holder to restrict access to sites that are only suitable for people 18 or over (plus social networking sites), as well as limiting access to specific websites. Content blocking will only work when the device is using the mobile network, not the home WiFi.

What restrictions can I apply?



Inappropriate Content

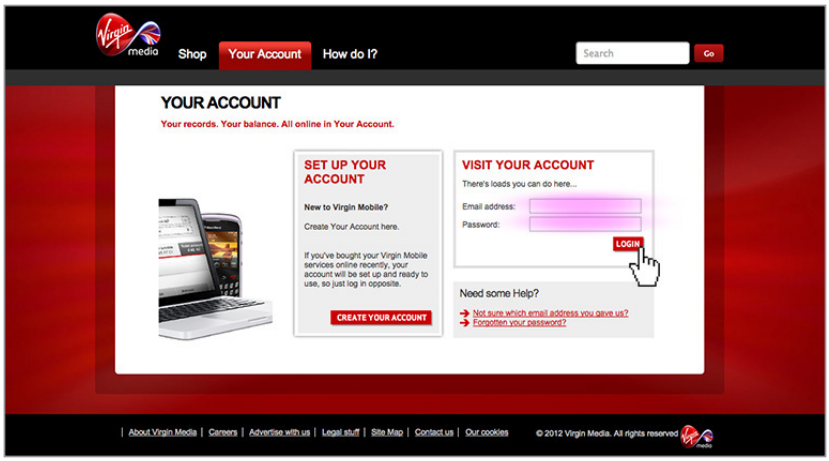
Social Networking

What do I need?

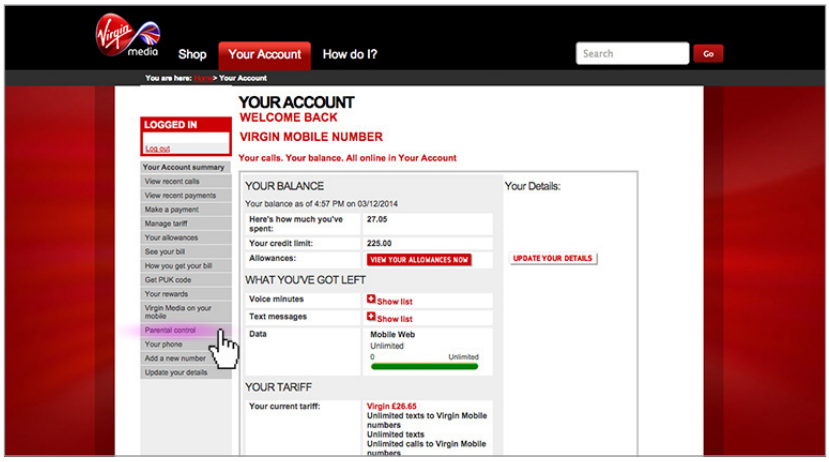
A Virgin Mobile account (Email address and Password)
If you haven't signed up, you will need the Virgin Mobile number and your contact details.

Step-By-Step

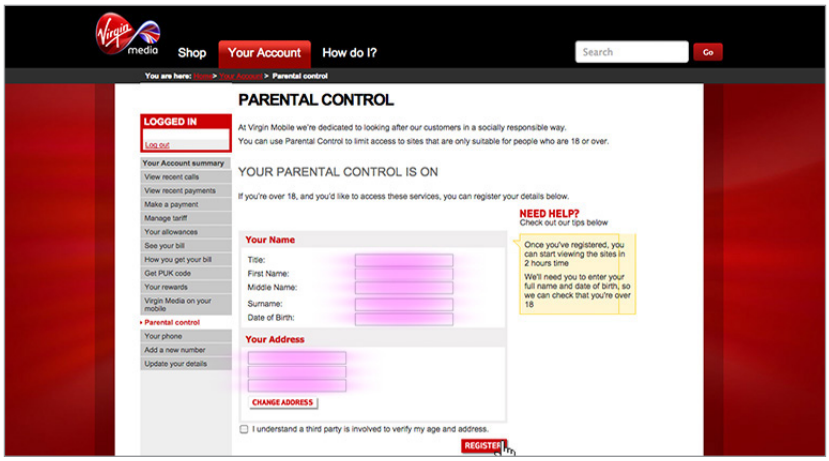
1. To turn parental controls on simply call 0345 6000 789 from your child's mobile phone or visit virginmobile.com/vm/myAccount.do and log in using your Email address and Password. If you haven't got an account click the '**Create Your Account**' button.



2 On the '**YOUR ACCOUNT**' page select '**Parental control**' from the menu on the left hand side.



3 Here you will be told if the parental controls are currently active. If not, to activate them simply fill in the details requested to prove you're over 18, then click '**Register**'.



TalkTalk Mobile Parental Control

Features and Benefits

All TalkTalk accounts are set to restrict access to adult content, but this can be disabled if required. Content blocking will only work when the device is using the mobile network, not the home WiFi.

What restrictions can I apply?



Inappropriate Content

What do I need?

A TalkTalk Mobile account

Step-By-Step

Parental controls will already be activated as standard. To deactivate call 0870 087 8751 from your child's mobile phone.